

# VFW 1st District of California



## DISPATCH



@vfwmighty1st

Congress passes and  
the President signs  
Blue Water Navy  
Vietnam Veterans  
Act: Page 6



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## District 1 Commander Myles Fry

### Greetings Comrades, Auxiliary, and Friends!

I would like to congratulate all of the 2018-2019 Officers, Posts, and Auxiliaries for wrapping up a great year and ending with so many accomplishments!

Congratulations for the Posts that achieved All-State and VFW Posts 1512, 2111, 5867, 7907, and 10577 for All-American!

With the new year comes new requirements for programs and reporting. All Commanders, Quartermasters, and Trustees should have received program guides from National. Please review them thoroughly as they will guide you for the upcoming year. Do not hesitate to reach out to District leadership and chairpersons for questions and guidance. Myself, Sr. Vice Paula Jansen, Jr. Vice Bob Parks, and Chief of Staff Doug Carrington have already started Official Post Visits and will continue throughout the upcoming months. This is a great opportunity to ask questions. Also reach out to District Inspector Doug Scholl for questions regarding inspections.

I would also like to thank Sara Jeyes, Mission Valley Post 3787 Auxiliary Sr. Vice, for taking over as District 1 Web Master and Richard Vannoy Post 3788 as the Dispatch Editor! Please forward them your articles and content for the website and Facebook Page. (Richard Vannoy email: [3788editor@gmail.com](mailto:3788editor@gmail.com)) The Mighty First District page is shared jointly with the Auxiliary.

I would like to wrap this up with a plug for membership and collaborating with other local veteran groups within our district. We have members within our district that are involved with groups such as Student Veterans Organizations, VETogether, Triple B Adventures, and 10X Vets to name a few. Please like their pages on Facebook and check out their events.

District 1 Auxiliary President Grace Leyva and I are working with Saddles in Service and Cammies & Canines who assist homeless veterans and veterans with PTSD. We are all in this together so why not reach out and lend a hand.

Thanks you for everything you do and let's hit the deck plates hard this year!

**In Comradeship,  
Myles Fry, Commander**

## District 1 President Grace Leyva

Brothers and Sisters of the Mighty 1st District,

Thank you for electing me to the high office of District President. With your support, the District will have another successful year.

I am looking forward to us working together as one team for our veterans.

### July Events:

July 4th: Coronado Parade

July 13th: School of Instructions at Encanto 1512  
at 10:00 am

July 20th: National Convention in Orlando Florida

July 23rd: Membership Meeting at LT John E. Finn 2080,  
Campo at 6:45 pm

July 27th: Mentoring Session at Don Diego 7420, Barrio  
Logan at 10:00 am

Respectfully

Grace Leyva, District 1 President

### SPREAD OUR WINGS TO PROTECT OUR VETERANS





## Buddy Poppy Program Report

Welcome to the new Auxiliary year 2019-2020

As your National Home and Buddy Poppy chairman, I would like to see every Auxiliary represented at our School of Instruction this year.

I am giving you a challenge to see if we can't be the first District to be 100% in reporting for both programs.

Please bring up at your meeting that National Home could use gift cards to Subway and McDonalds.

This is something that all can enjoy and they sometimes use them as giveaways for some of their activities. (Just \$5 would be a treat).

Also much needed and appreciated are basic health and beauty items which they usually purchase from Family Dollar or General Dollar store. This information is from Sue Alverson, Development Director, at National Home. Since I am not sure if our Dollar Tree gift cards could be used there, perhaps it would be best to write a check to National Home as a donation for these items. (Purchasing these items and sending them would be expensive with postage and it would be hard to know what they need - my input). If you bring Subway or McDonald's gift cards or Auxiliary check for any amount, (even \$5 will buy 5 items at a Dollar store), **made payable to National Home**, I will send to them. You can write a report at School and I will submit it for you.

For Buddy Poppy, I will have a couple of projects that you can do using Buddy Poppies. I will have 1000 Buddy Poppies there for you to purchase. They are \$12 for 100 from Dept. or National. At School of Instructions, I will give you a deal so you can save postage.

If you want just 50 for \$6 or 100 for \$12, just bring to the School of Instructions a check **made payable to VFW**. You can write a report at School and I will submit it for you.

Wouldn't it be great for District 1 to be first in reporting to these great programs.

I look forward to our new year and appreciate all the support your Auxiliary gives to National Home and Buddy Poppy.

Nancy Hinsch

## Important Medical Information If You Are Travelling

Welcome summer! Hopefully, you and your family members will be spending more time outside being active or even traveling. Whether biking, hiking or taking a road trip, do you know what to do if you experience a minor, non-emergency injury or illness this summer? With TRICARE, you have an expert to turn to if you need health care advice. Instead of waiting or worrying, use the [Military Health System \(MHS\) Nurse Advice Line](#) and get advice from a registered nurse anytime.

A registered nurse is available 24/7 to:

- Answer your health care questions
- Assess your symptoms and provide recommendations for the most appropriate level of care
- Provide evidence-based instructions to treat minor ailments at home
- Help locate an [urgent care](#) or [emergency care](#) facility
- Help you schedule an appointment within 24 hours at a [military hospital or clinic](#), when recommended by the nurse, and if enrolled at a military hospital or clinic

To reach a nurse, visit the [MHS Nurse Advice Line website](#) to begin a secure web chat or video chat. You can also call and speak to a nurse. If you're in the U.S., Guam, or Puerto Rico, call 1-800-TRICARE (1-800-874-2273) and choose option 1. For all other country-specific phone numbers, visit the website.

**Information:** <https://tricare.mil>

**Talk to a nurse:** <https://mhsnurseadvice.mil>

**Call:** 1-800-TRICARE (1-800-874-2273) Choose Option 1

The MHS Nurse Advice Line is only available to TRICARE beneficiaries living or traveling in the U.S. or a country with an established military hospital or clinic. There's no cost to you. If you're enrolled in the [US Family Health Plan](#); however, there's a different resource for you to use for 24/7 assistance.

**Remember, the MHS Nurse Advice Line isn't for emergencies that threaten life, limb, eyesight, or safety, or that require immediate medical assistance.** If you reasonably think that you have an emergency, call 911 or your local emergency service center immediately, or go to the nearest emergency room or the hospital department that provides emergency services to patients who need immediate medical attention.

The next time you need help making decisions about your or your family's health care needs, don't guess. Contact the [MHS Nurse Advice Line](#) for 24/7 support and guidance for any non-emergency situation.

Jerry Koehmlein



## District Auxiliary Chaplain Report

Hello to all brothers, sisters and comrades:

We welcome a new year for both Posts and Auxiliaries, and I am honored and proud to be the District Auxiliary Chaplain.

For those of you who do not know me, I have been in Auxiliary since 2010, representing my group at Post 9578 (Alpine) for 8 years. Past President for 9578 Auxiliary (2014-17) and have held numerous positions for District Auxiliary. I am returning as President for this year, in addition to the Chaplain duties and Honor Guard for the Alpine Post.

For this month, please keep the following folks in your heartfelt prayers. Past District President Sheri Carrington and her husband, past District Commander, Doug Carrington lost their son early in June. If you have not sent a condolence card, please address it to:

Doug & Sheri Carrington  
13300 Los Coches Road East  
Space 6  
El Cajon CA 92021

“Dear God – please wrap your loving arms around the Carrington family in their time of sorrow and need. Ensure that their son is a shining light in the heavens for remembrance, always.” Amen

Also, please send get well cards to the husband of our past District Secretary, Susan MacDonald. Keith had an emergency operation while he was with Susan in Ontario.

Keith and Susan MacDonald  
13300 Los Coches Road East  
Space 63  
El Cajon CA 92021

“Dear God – please send your angels to assist with a speedy recovery to Keith MacDonald from his most recent surgery to be a stronger comrade and beacon to all.” Amen.

As of June 12, I have learned that Auxiliary member Carrie Foster, Post 1513 lost her beloved sister. Matt is handling the San Diego Stand Down and is asking for any help with that event as Carrie handles funeral arrangements.

Please send cards to:

Matt and Carrie Foster  
1558 Trellis Lane  
Escondido CA 92026-2010

On June 13, I was notified of the following additional two Auxiliary sisters who have taken ill and would like to have cards sent to them:

PDP Emma T. Lopez  
Past Dept. President  
3501 Willow St.  
Bonita CA 91902

Emma was hospitalized and battling pneumonia. She has been a gracious member for many years, and we want to wish her speedy recovery. I personally delivered a beautiful red/white flower arrangement to Emma at her location in Bonita on Friday 6/21. Her granddaughter was kind enough to take them from me to get to PDP Emma.

Our other Auxiliary sister, Connie James was in the hospital earlier this same week and now is home recuperating. Please send get well cards to Connie:

Connie James  
8070 Orange Ave. Apt. 111  
La Mesa CA 91942

“Dear God – we ask for your continued blessings and good will to our Auxiliary sisters, Emma and Connie, for speedy recovery and a healthy life. Send the angels to keep watch and guide them through their unexpected illness. Amen.”

Thank you for your continued prayers for all our members and their families. Should there be any Auxiliary members who are ill or in the hospital, or have passed, please notify me: cell: (619) 990-0536 (voice and text capable) Email: [sheilajo9578@cox.net](mailto:sheilajo9578@cox.net)  
I shall see all of you at our 1<sup>st</sup> School of Instruction on Sat. July 13, 10am, at Post 1512.

To your health and happiness (l'chaim), Shalom and loyally yours,

**Sheila Jo Snyder**  
**District 1 Auxiliary Chaplain**



To the Mighty First District,

We are humbled by the amount of cards and positive thoughts that you sent to us in June, both from the Comrades, Auxiliary members and from State personnel.

The loss of a child is not an easy thing to go through, but you have made it easier for us.

Jeffrey W. Carrington had just turned 40 on April 30 when he was lost on May 19. Jeff was an Auxiliary member of SABLE Post 2275 in El Cajon.

Thank you all again.  
With love,

Doug and Sheri Carrington

### From the District Chaplain's Desk:

Welcome to another exciting VFW year, and thank you for electing me to another term as your Chaplain. I feel blessed to once again serve as both the Chaplain for the Mighty First District and for the Department of California.

However, after over ten years' service as my post's Chaplain I am stepping aside, and our new Post Chaplain is Chaplain Shirley Turner-Johnson. Congratulations to Shirley, to all of our newly elected Chaplains, and to all of our newly elected officers in our district and state. I pray that we will all have a great year. This year I will serve as commander of my post. So please say a special prayer for me. Thank you.

I just returned from a Council of Administration Meeting in Sacramento where we approved the state budget and the state commander's appointment for state adjutant. Our State Commander Mike Kuznik has appointed Roger Meier as his adjutant for this year. Roger's background is in corrections. So watch out for those rough edges.

The sad part about being in Sacramento this weekend is that I missed Stand Down. I hear that we had a good turnout for it and that everything went well. Thanks to the Ramona Post for cooking a great meal for our fellow veterans, and thanks to everyone who took time out to be a part of helping on Saturday.

Lastly, the memorial service at the state convention in Ontario went well. Special thanks to Chaplain Larry who was our guest speaker for the service. Please remember to submit the names of deceased members in your posts to me for inclusion in the memorial service each year. Thank you,

**James Wright**

## 2019 Stand Down Dinner

Saturday (29 June) was the VFW Dinner at Stand Down 2019. Thanks to all who participated. There were some faces missing but in any case, with the Comrades, Sisters, and Brothers who did make it to Stand Down, all went well. A special thanks or shout out to Ramona Post 3783 and the VFW/MC for being present in numbers. 1st District Auxiliary had a 92 years young Sister volunteer who made her presence known. The estimated number of veterans, families, and volunteers being fed beef, mashed potatoes, green beans with roll and butter was around 500 to 600. Maybe less or more. Stand Down 2019 is now done.

**Jerry P. Koehmlein**

## Chief of Staff Report

Comrades,

My intent is to cover items of interest, training and concern to the VFW. I will begin my series with the one topic that drives the VFW and any other Veterans Service Organization nuts.....the canteen.

Two things I would like you to be aware of.

One: Any media folks coming to your post should get their photo ops **OUTSIDE OF THE CANTEEN AREA!!!** We are trying to recruit and retain our membership AND overcome a stereotype that all we care about is the canteen. This kind of behavior is a detriment to everything we are trying to do. Be smart and be professional when representing your Post/Ship and the VFW.

Two: Why the to-do about this? The VFW is **not** in the bar business! Any doubts of this please refer to your National By-Laws and Manual of Procedure Sections 709 and 710. If you are not familiar with the VFW Podium Edition I strongly suggest that you invest some time studying them. It is our rules of operation and your responsibility.

Also: **REMEMBER** women are Veterans too!!

Should you have any questions or concerns about this speak with your Chain of Command.

Yours in Comradeship,

**Doug Carrington**  
District 1 Chief of Staff



# Military News

**News items relating to and/or effecting active duty or retired service members.**

## Agent Orange Bill Enrolled and Sent to President

NED Thomas Snee attended a bill enrolling ceremony for the Blue Water Navy Vietnam Veterans Act ([H.R.299](#)), hosted by the Speaker of the House Nancy Pelosi. Enrollment occurs in the chamber where the measure originated and is carried out by enrolling clerks under the supervision of the Clerk of the House of Representatives and Secretary of the Senate. Enrolled bills are signed by the presiding officers of each chamber (or their designees) and are presented to the President by the House Clerk or Secretary of the Senate, depending on the chamber of origination. The President can either sign it into law or veto the bill.

As a result of the *Procopio v. Wilkie* decision, the House and Senate passed the FRA-supported Blue Water Navy Vietnam Veterans Act ([H.R.299](#)). This legislation will essentially codify the *Procopio* decision into law. The FRA is listed as a "friend of the court" by the petitioner Blue Water Navy Veteran, Mr. Procopio.

## Acting SecDef Resigns

Acting Secretary of Defense Patrick M. Shanahan, who was nominated by President Trump to be Secretary of Defense, abruptly resigned from the Department of Defense, citing an upcoming story in the news media about family domestic abuse.

Mark T. Esper, the secretary of the Army, is set to become the new acting Defense secretary next week. But he would be legally required to temporarily step aside if President Trump decides to nominate him to remain in the post.

## Happy Birthday Navy Corpsmen

A Navy Corpsman is an enlisted U.S. Navy medical specialist. Congress passed a bill authorizing the establishment of the U.S. Navy Hospital Corps, signed into law by President William McKinley on June 17, 1898. Corpsmen work in a wide variety of capacities and locations, including shore establishments such as naval hospitals and clinics, aboard ships and as the primary medical caregivers for sailors while underway. Navy Corpsmen are frequently the only medical caregiver available in many fleet or Marine units on extended deployment. In addition, corpsmen perform duties as assistants in the prevention and treatment of disease and injury and assist health care professionals in providing medical care to sailors and their families.

## President Trump Signs Agent Orange Bill into Law

President Donald Trump signed the Blue Water Navy Vietnam Veterans Act ([H.R.299](#)) into law. Last year, the House unanimously passed the bill only to have it stall in the Senate Veterans Affairs Committee. The U.S. Court of Appeals for the Federal Circuit in Washington D.C. ruled in favor of Agent Orange/Blue Water Navy veterans in *Procopio v Wilkie* court decision this past January. The Department of Justice declined to appeal the decision so the House and Senate passed the FRA-supported legislation unanimously. This court case argued on behalf of Blue Water Veterans saying that Navy veteran, Mr. Procopio, who never stepped foot on land in Vietnam, was exposed to Agent Orange during his military service off the coast of the Republic of Vietnam. Due to this exposure, he developed medical conditions consistent with other veterans who served on land and were exposed to Agent Orange and therefore be entitled to a presumptive category and be eligible for benefits. This legislation essentially codifies the *Procopio* decision into law. The FRA is listed as a Friend of the Court by the petitioner Blue Water Navy Veteran, Mr. Procopio.

## **Basic Information on Defense Enrollment Eligibility Reporting System (DEERS)**

Summer is when you and your family may fulfill new orders and move to a new duty station. If you move this summer, don't forget to update your information in the **Defense Enrollment Eligibility Reporting System (DEERS)**. Being able to use TRICARE depends on keeping DEERS up to date.

DEERS is a database of active duty and retired service members, their family members, and others who are eligible for TRICARE. TRICARE eligibility shows up in DEERS based on the sponsor's status. Keeping your DEERS record up to date is key to you getting timely and effective TRICARE benefits.

In DEERS, make sure to check your address, duty status, phone numbers, and email addresses. This is especially true after a permanent change of station, or PCS move and anytime you experience a Qualifying Life Event (QLE). A QLE can include getting married or divorced, giving birth, or retiring. Also, check out what you need to do if you're moving. Remember, your Social Security number (SSN) and the SSN of each of your covered family members must be included in DEERS for your TRICARE coverage to be accurate.

Changing your contact information in DEERS is easy, and you have several options to do so. You can make changes online, by phone, fax, or mail, or in person at the nearest ID card office. Find an office near you using the RAPIDS Site Locator. To add or remove family members, you must visit a local ID card office.

To update contact information, choose one of these options:

**Online:** Log into [milConnect](#)

**Phone:** Call 1-800-538-9552 (TTY/TDD: 1-866-363-2883) or fax updates to 1-800-336-4416

**Mail:** Mail updates to:

**Defense Manpower Data Center Support Office**  
**Attention: COA**  
**400 Gigling Road,**  
**Seaside, CA 93955-6771**

Only sponsors can add a family member in DEERS. Family members age 18 and older may update their own contact information.

Find more information on how to update DEERS information on the TRICARE website. Take command of your health, and keep your family's information up to date in DEERS.

**Jerry Koehmlein**



## POST STATUS REPORT

Here is a PSR shotgun look for 6/21/19.

The 3rd Quarterly Audit, All-State, and All American will only be addressed.

All Posts Quarterly Audit were submitted on time with the following exceptions:  
Late: 1924, 2422 (6/14 L- 6/21 not L), 3788, 7041

Returned for Correction: 1513, 3783, 5477, 9327

Not Submitted 7420 (Presently on suspension)

### Question of the Day?

How does a Post receive a check mark as qualified for All-State even when it shows that an inspection Discrepancy has not been corrected?

I would like to thank all Post Quartermasters for the excellent job they have done this year. Your job is one that keeps the 1st District Posts going.

There are only nine days left in this VFW year and it will start all over again.

Remember the District is here to help. If you have a question; ask. If I or another officer cannot answer it, we will find someone who can.

**Posts qualified for ALL - STATE : 1512, 2111, 3783, 5867,  
7907, 9578, 10577, 4630**

Posts in top 50 by Division (ALL-AMERICAN) Posts in RED qualified for ALL-STATE also.

Division 1	5477 (44), 1512 (32)	Division 4	ZERO	Division 6	ZERO
Division 2	9578 (12), 7907 (24)	Division 5	ZERO	Division 7	ZERO
Division 3	10577 (3)	Division 6	ZERO	Division 8	ZERO
Division 9	ZERO	Division 10	ZERO		

**District is Number 2 out of 22 who qualified Texas is number 1**

Jerry P. Koehmlein  
GMCS (SW) USN RETIRED  
VFW VAVS Deputy Representative (SDHS)  
Department of California  
District One Adjutant/Quartermaster  
District National Home Chairman  
VFW 1512 Chaplain/Surgeon/House Committee  
VFW 1512 Hospital/JROTC Chairman  
E-mail [jerry.pk@cox.net](mailto:jerry.pk@cox.net)



Dear VFW Auxiliaries,

While summer is a time of relaxation and vacations for so many in America, it is still a very stressful time for thousands of military and veteran families who are struggling to overcome the devastating effects of war.

Thanks to your tireless support, the **VFW National Home for Children** has been a safe haven for the children and families of our nation's war heroes, where they receive the support, comfort and counseling they need to rebuild their lives.

We depend solely on the generosity of patriotic supporters like you. But like many non-profits, our donations decline in the summer. This is especially worrisome because the children in our families are out of school all summer and we must pinch pennies to keep pace with their needs, too!

I'm turning to you, a loyal supporter of the National Home, for your help to get us through these critical summer months by making a gift today. Your gift of...

\$20 will pay for one student's painting lessons  
\$45 will pay for one CPR and first aid training class  
\$72 pays the average weekly wage for a student worker  
\$96 pays for one week of snacks for children at the daycare

[Please make your most generous gift today](#)

Your gift will be put to immediate use wherever it is needed. It will give our children and families the opportunity to have an enriching and joyful summer – one that they deserve.

Most importantly, you will help us continue to strengthen the families of active-duty military and veterans who are facing challenges such as financial hardships, PTSD and other afflictions, fractured family relationships, and uncertain futures.

We are counting on support from patriotic friends like you as quickly as possible. Please — anything you can spare will help save our summer.

Thank you for caring!

**Fred Puffenberger**  
**Executive Director**



**Editor's note:** "Paula" in the paragraph below is the District 1 Senior Vice, Paula Jansen. She is asking Post Commanders for their support for the Wreaths Across America (WAA) program. The letter at the bottom of this page and the flyer on the next page provide details on this program.

Commanders,

I know Don De Mars personally, he attended Wreaths Across America at Miramar National Cemetery with his daughter who is our current CYE Miss California. He has since joined the Wreaths Across America organization. Please consider having your Post/Ship hold a fundraiser and donating the funds to this cause as well as coming out to help place wreaths. Other cemeteries across the county also participate. Paula



June 26th 2019

Dear Commanders,

It December 1992 in Harrington, Maine, wreath maker Morrill Worcester found himself with a surplus of 5,000 wreaths during the holiday season. Worcester saw the surplus as an opportunity to pay tribute to our country's veterans. With the help of Maine Senator Olympia Snowe, they arranged for the wreaths to be placed at Arlington National Cemetery. This annual tribute to our country's veterans has continued ever since, touching the lives of millions of veterans' families and volunteers and growing in scope through the years.

In 2007, the Worcester family along with veterans and volunteers formed the non-profit organization Wreaths Across America to continue and expand their efforts at Arlington National Cemetery and to support those around the country who wished to do the same. Wreaths Across America's mission is simple: **Remember** the fallen, **Honor** those that serve, and **Teach** the next generation about the value of freedom. Morrill's wife, Karen, has served as the organization's volunteer Executive Director since the non-profit was created and today oversees what has become a massive volunteer organization that continues to grow. In 2018 alone, Wreaths Across America and its national network of volunteers place over 1.8 million veterans' wreaths at 1,600 locations in all 50 U.S. states, at sea, and abroad. The American Cemetery at Normandy was included for the first time in 2018.

This year, National Wreaths Across America day will be held on Saturday, December 14th 2019. Locally, a ceremony will begin at 0900 followed by the placement of wreaths at Miramar National Cemetery located at 5795 Nobel Dr where over 12,000 local veterans are laid to rest. This is open to anyone who would like to attend.

In 2018 there were approximately 10,500 wreaths placed and this year there are approximately 2,500 additional veterans interred. This year our goal is to place a wreath on every headstone. With the 173D AIRBORNE BRIGADE ASSOCIATIONS generosity, we are hoping to meet this goal and ensure no veteran is forgotten.

On behalf of the volunteers and military families looking to honor all the veterans laid to rest at Miramar National Cemetery and the Wreaths Across America extended family, I thank you for your consideration of this patriotic cause. I'll be in touch to determine your interest in supporting the mission to Remember, Honor, Teach.

Respectfully,

Don De Mars - Volunteer, Wreaths Across America  
Miramar National Cemetery

[dondemarsphotography@cox.net](mailto:dondemarsphotography@cox.net) / 619-733-5041



In 2007, Wreaths Across America expanded its annual wreath placement event to enable groups and organizations to support Arlington National Cemetery and other local, participating cemeteries across the country. We established the Group Fundraising Program to benefit other like-minded charities, community programs and civic groups through the sale of wreath sponsorships for participating locations.

We **invite your group or organization** to help us remember and honor our American heroes and teach the next generation, through raising funds to sponsor veterans' wreaths. As a Wreaths Across America Group Fundraising partner, your organization will receive \$5-of-each-\$15 wreath sponsorship to support your important work while sponsoring a veterans' wreath.

### NO APPLICATION NEEDED. FOLLOW THESE STEPS TO START FUNDRAISING TODAY!

1. **Select a participating cemetery you will raise funds for.** It could be Arlington National Cemetery, or a cemetery in your state or local community. You can find if a cemetery is participating by visiting [www.wreathsassamerica.org](http://www.wreathsassamerica.org) and clicking "Search Locations/Groups" from the Menu. If the cemetery you are looking to support is not yet participating, you can choose to register it and become a Location Coordinator.
2. **Register your group online.** Follow the steps found at [www.wreathsassamerica.org/fundraising](http://www.wreathsassamerica.org/fundraising). You will be assigned a group ID number, it will be important to include this on all donations remitted to us to ensure your group is credited.
3. **Create your custom Fundraising Page.** Once registered, a fundraising page will be created for you which you can then sign in to customize and manage for your group through [www.wreathsassamerica.org](http://www.wreathsassamerica.org). Select "Sign In" at the bottom of the Menu and click "Manage Locations/Group Pages." There you will be instructed to create a log in and password and can then begin following instructions to customize your page.
4. **Promote your web page.** Once complete you can share your page with friends, family and contacts to start raising funds. All sponsorships made through this site will be credited to your group.
5. **Host fundraising events in your community!** Build awareness for your group and Wreaths Across America through various events, such as having a table display at community gatherings, hosting a bake sale or spaghetti dinner, make up flyers with your group's information and share with local veteran organizations. Share the mission within your community!
6. **Fundraising can be done year round!** For every \$15 wreath sponsorship sold, \$5 comes back to you for your own programs.



Have more questions? Contact  
Wreaths Across America Headquarters to speak  
to a member of our team (877) 385-9504.



[wreathsassamerica.org](http://wreathsassamerica.org)

REMEMBER ★ HONOR ★ TEACH



## Courtesy of FRA 289

### Fun Things to Do in July 2019

**San Diego County Fair, Del Mar Fairgrounds, Runs through July 4.** Theme: **Oz-some!**  
<https://sdfair.com> Get tickets at local MWR ITT offices.  
<http://navylifesw.com/sandiego/recreation/tickets/> Check out the great concert line up: <https://sdfair.com/>



**Summer Safari at the SD Zoo' Safari Park, Escondido, Through September 1.** Summer brings later hours and more fun! During Summer Safari, on Saturdays and Sundays through July 28, you can stay at the Park until 7 p.m. to enjoy live music and watch wonderful wildlife. Through July 30: Sundown Summer Safari on Mondays and Tuesdays features an evening Africa Tram Safari, the all-new Wildlife Wonders show in Benbough Amphitheater at 5 p.m., a 7 p.m. Cheetah Run, food specials, entertainment, and more—until 8 p.m. on those days only.

**Nighttime Zoo, San Diego Zoo, June 15–September 1,** Celebrate summer into the evening with live music, fun shows and activities, animal encounters, and more! There's so much to do, see, and hear—it's a good thing summer hours are longer! The Zoo is open late until 8 p.m.

**The Sawdust Art Festival's 53<sup>rd</sup> Annual Summer Show opens in Laguna Beach and runs through Sep 1<sup>st</sup>.** Tickets \$12.00, Season Pass \$22, Military Free. <http://www.sawdustartfestival.org/> Goldstar price: \$8  
<https://www.goldstar.com/events/laguna-beach-ca/sawdust-art-festival-tickets>

**Three Arts Festivals with one Season Pass:** Sawdust Art Festival, Art-a-Fair, and Festival of Arts in Laguna Beach. One price, One pass, All summer long: \$29. Includes one-time parking pass.  
<http://www.lagunabeachpassport.com/>

**Pageant of the Masters: Paintings Come Alive, Laguna Beach, through Sep 1<sup>st</sup>.** Goldstar price: \$20-\$36 (reg \$25-\$45) <https://www.goldstar.com/events/laguna-beach-ca/pageant-of-the-masters-tickets#venue-details>

**Bayside Summer Nights Concerts, San Diego Symphony, Embarcadero Marina Park South.** *Pre-concert activities for kids begin at 6pm.* <https://www.sandiegosymphony.org/bsn2019/>

**Humphrey's Concerts by the Bay,** <http://humphreysconcerts.com/schedule.cfm>

**Thursday Family Fun Nights at the San Diego Botanic Garden, Encinitas, through August 29.** Garden open until 8pm and entertainment 6-7pm. <http://www.sdbgarden.org>

**Summer Concert Series – SD Downtown Public Library, Neil Morgan Auditorium, Sundays @ 2:30pm, Free.**  
<https://www.sandiego.gov/public-library/news-events/concertseries>

**FREE Concerts in San Diego Parks this Summer:** <http://www.swingorama.com/freeconcerts/>  
**FREE Summer Movies in the Parks:** <http://www.summermoviesinthepark.com/>

#### Jul 1:

- 🍷 Point Loma Village Wine & Conversation Book Club, The Wine Pub, Shelter Island Dr. First Monday of every month @ 6:00 pm - 8:00 pm. All of those interested in joining are encouraged to stop by La Playa Books on Rosecrans to pick up this month's selected book at a discounted price (Phone: (619) 226-2601).



Meetings occur every first Mondays per month at The Wine Pub, beginning at 6 p.m. Join us to meet new friends in the area, read new books, discuss with authors and indulge in delicious wine and appetizers at a happy hour price all night! **Phone:** (619) 758-9325

<https://www.facebook.com/events/183136462317174/>

- 🎬 **Free Film Night at the downtown SD Central Library, Neil Morgan Auditorium, Mondays, 6:30pm.** Two hours free underground parking with validation. <https://www.sandiego.gov/public-library/news-events>
- 🎹 **2019 International Summer Organ Festival, Spreckels Organ Pavilion, Balboa Park, 7:30pm-9:30pm.** The free festival concerts are on **Monday nights June 24<sup>th</sup> through August 26<sup>th</sup>**. Come out and hear the largest outdoor organ in the world! <https://www.balboapark.org/performing-arts/spreckels-organ>
- 🎵 **KC and the Sunshine Band** play the Main Stage at the San Diego County Fair, Del Mar Fairgrounds, Mon. Jul 1, 7:30pm. For some 40 years, KC and The Sunshine Band have been getting people out of their seats and moving. Harry Wayne Casey – KC for short – has never moved farther than 10 miles away from his Florida birthplace, showing the pride he has in where his “Sunshine Sound” began, with its unique fusion of R&B and funk, with a hint of a Latin percussion groove. Hits like “Get Down Tonight”, “Boogie Shoes,” “That’s the Way (I Like It)” and “Shake Your Booty” are part of the American funk lexicon. With nine Grammy nominations, three Grammy Awards and an American Music Award, KC and the Sunshine Band was one of the most progressive bands of the ‘70s, and they’re credited with changing the sound of modern pop music. Your ticket to this concert at the Del Mar Fairgrounds includes admission to the San Diego County Fair. Goldstar tickets: \$27 (reg \$46) <https://www.goldstar.com/events/del-mar-ca/kc-and-the-sunshine-band-tickets>

#### Jul 2:

- **Yoga Class, Topside** on lawn by Bldg A2, Tuesdays & Thursdays 11:30am. **FREE.** Bring yoga mat or towel to sit on. Wear loose clothing for stretching. All levels welcome. Instructor: Yogi Tamara 553-1705. <https://blog.spawar.navy.mil/cmwr/events.html>
- **Yoga Fit Class** at NBPL Harbor Drive Annex Fitness Center, Tuesdays & Thursdays. 11:30am, **FREE** for Active Duty, dependents, and DoD. \$3 for contractors & guests. <https://sandiego.navylifew.com/fitness/group-exercise-classes>
- **TRX Class** Tuesdays, 5:00pm at NBPL Main Fitness Center, **FREE** for Active Duty, dependents, and DoD. \$3 for contractors & guests. <https://sandiego.navylifew.com/fitness/group-exercise-classes>
- **NERD NITE**, 32 North Brewing, 6:00pm. The first Tuesday of every month, come see a mashup of professional nerds as they present their most fascinating findings! You’ll sometimes find trivia, too. Doors open at 6:00pm, the fun begins at 6:30. Tickets \$10. <https://squareup.com/store/nerd-nite-san-diego>
- 🎭 **Shakespeare Society Meet-up**, Veteran’s Museum in Balboa Park, First Tuesday of the Month, 6:45pm. All 2019 readings will be at the Veteran’s Museum in Balboa Park. Free and open to all. Join us for an informal time with the Bard, starring you! All are welcome. Anyone can read or just listen. Expert directors guide the readings and parts are re-assigned before each scene so everyone who wants to can read. This is the official reading of the San Diego Shakespeare Society. It is a free open reading of the plays of William Shakespeare from 6:45 PM - 8:45 PM. These popular readings are fun, interactive, creative and great public speaking and acting practice. They are also a great way to meet other people who are interested in literature and Shakespeare and his work. Please check our website [www.sandiegoshakespearesociety.org](http://www.sandiegoshakespearesociety.org) for the complete list of readings.
- 🌮 **Taco Tuesdays & Live Music** at THE LOT, Liberty Station, Live Music 8:00pm – Midnight. All-you-can-eat Fish Tacos on Tuesdays. Appetizer and drink specials offered. [www.thelotent.com](http://www.thelotent.com)
- 🕺 **West Coast Swing Tues**, Tango Del Rey, 3567 Del Rey St, SD CA 92109. Every Tues beginners class @ 7:30pm; Dancing from 8:30pm – 11:30pm. Entry \$7. <http://tangodelrey.com/>
- 🎵 **Trace Adkins** play the Main Stage at the San Diego County Fair, Del Mar Fairgrounds, Tue. Jul 2. Tickets \$20 <https://www.goldstar.com/events/del-mar-ca/trace-adkins-tickets>

- **JJ Rock of Ages**, Cygnet Theatre in Old Town, runs Jul 2 – Aug 25. Journey back to the sexy 1980s era of big: big bands, big egos, big guitar solos and big hair! Aqua Net, Lycra and liquor flow freely on the legendary Sunset Strip rock music scene. Amidst the madness, aspiring rock star Drew longs to become the next big thing in music, and longs for fresh-off-the-bus newcomer Sherrie, a Kansas kid with stars in her eyes. This musical comedy lovingly nudges the fashion of the 1980s and features some of the best rock hits from the time with music from Styx, Journey, Bon Jovi, Whitesnake and many more.

<https://www.cygnettheatre.com/>

#### Jul 3:

- **OTC Yoga Classes** are being held **Wednesdays (Restorative Flow) & Thursdays (All Levels Vinyasa) 1100-1145 and Fridays (All Levels Vinyasa) at 1430-1515** in Bldg OT3 on the 3<sup>rd</sup> floor of the NW Wing. These volunteer-lead classes are free. For more information on how to enjoy some Namaste during your busy work day, visit the wiki page here:  
<https://wiki.spawar.navy.mil/confluence/display/~kmcgarry/Quality+of+Work+Life+OTC+Yoga+Classes#enu-2056967449>
- **Ocean Beach Certified Farmer's Market**, every Wednesday evening 4:00pm – 8:00pm on Newport Ave.
- **Spin Class** Wednesdays, 5:00pm, at NBPL Main Fitness Center, FREE for Active Duty, dependents, and DoD. \$3 for contractors & guests. <https://sandiego.navylifesw.com/fitness/group-exercise-classes>
- 🎬 **The LOT Movie Theatres** offer \$12 movies all day every Wednesday.  
<https://www.facebook.com/thelotent/>
- **JJ Dionne Warwick** performs on the Main Stage at the San Diego County Fair, Del Mar Fairgrounds, Wed. Jul 3. <https://sdfair.com/>

#### Jul 4: **Fourth of July!**

- **4<sup>th</sup> of July at Seaport Village** - Get ready to celebrate Independence Day with a family-friendly lineup of waterfront fun before the fireworks light up the night sky! On Thursday, July 4 from 4 p.m. to 8 p.m., join Seaport Village for a free event filled with live music, patriotic arts & crafts, games, amazing prizes and much more for all ages. Food & Drink specials offered. From patriotic photo opps to delicious restaurant deals, Seaport Village is the ultimate San Diego hot spot to catch the fireworks.
- **Mira Mesa 4th of July Parade, and Family Fun Day in the Park.** The Mira Mesa Town Council is honored to once again present the annual Mira Mesa 4th of July Parade and Family Fun Day in the Park. This 45 year tradition allows Mira Mesa to come together in celebration of Independence Day and our rich and diverse community. The day begins with a Pancake Breakfast at the Mira Mesa Senior Center from 7 AM to 11 AM, hosted by the Black Mountain Masonic Lodge. Family Fun Day in the Park opens at 11 am with food vendors and entertainment. The annual 4th of July Parade steps off at 11:30 am from the corner of Mira Mesa Blvd and Greenford Drive, traveling down Mira Mesa Blvd and turning north on Camino Ruiz to end at New Salem. Family Fun Day continues until 9 pm, and the Park provides a front row seat for the Fireworks Extravaganza. The annual fireworks are produced by Scripps Mesa Fireworks.  
<https://www.miramesatowncouncil.org/fourth-of-july/> <http://www.scrippsmesafireworks.org>
- **Julian Community Fourth of July Parade** – Pre-parade activities start at 10 a.m., Parade starts at noon – Main Street. Celebrate Our Nation's Birthday in Julian, Julian's Star Spangled 4<sup>th</sup>. This year Julian salutes July Fourth with the Theme, "Historic Julian Celebrates the 4th." Julian honors our nation's birthday with a salute to the men and women who made our country great, both domestically and militarily. For more than twenty years, Julian residents, their friends and parade lovers from all over have lined up at on the town's main street to wave their flags, cheer the marching bands, salute the Marine Color Guard, and carry a giant American Flag down the thoroughfare. Bands include: The Emerald Society Bag Pipe Band, Gold Drum and Bugle Corps, and Mariachi Continental de San Diego. Buggy






rides, Historic Quilt show, \$10 BBQ & dance after parade. <https://visitjulian.com/to-see-do/special-events/4th-of-july-parade/>


- **Freedom Festival** at NBPL, Harbor Drive Annex, 12-9pm. Fun and Fireworks on the Bay! Live entertainment, Family Fun Zone, rides, games, and festival food highlighted by All-American favorites and international flavors. The event is FREE and open to military families, retirees, reservists and DoD employees. Bring your own BBQ grill and enjoy the Freedom Festival from your tailgating spot. Reserve a spot: 619-524-6497 [www.Navylifesw/freedomfestival](http://www.Navylifesw/freedomfestival)
- **RED, WHITE AND BOOM! LEGOLAND**, Escondido, Thu. Jul 4. The summer heats up at LEGOLAND® with a star-spangled Fourth of July celebration, Red, White and BOOM! Don't miss Fireworks set to a patriotic musical tribute with great viewing in designated locations throughout the Park. Throughout the day, kids of all ages can enjoy performances, meet their favorite LEGO® Friends and Characters, and participate in all-American family picnic games, like water-balloon tosses, burlap sack races, the Family Build Challenge and LEGO Hamburger relay. NEW this year, a patriotic costume parade! Come dressed in your favorite Red, White and Blue attire. The celebration lasts from 1:00pm to 9:00pm with fireworks at 8:30pm. All Red, White and BOOM! activities are included in the cost of admission to LEGOLAND California. <https://www.legoland.com/california/legoland-california/entertainment/events/red-white-and-boom>
- Historic Old Town **Fourth of July**, An old-fashioned celebration of July 4th. Parade, crafts and activities of early San Diego. Wagon rides, period games, music, food specials, pie-eating contest and more. Flag raising, keynote speaker, military involvement. Free event. <http://www.oldtownsandiegoguide.com/events.html>
- **Independence Day in Coronado** is as iconic as the island and The Del itself. Coronado Island celebrates July 4th with an annual parade, a fun run/walk, rough water swim, art-in-the-park and a concert at Spreckels Park. The day concludes with a spectacular [fireworks show over San Diego Bay](#), viewed from the Coronado Ferry Landing or the Navy base, or a fireworks display in Glorietta Bay. [Click here for more details about July 4th in Coronado.](#)
- **San Diego County Fair 4<sup>th</sup> of July Celebration, Del Mar Fairgrounds**, Starts at 9:30 AM, Fireworks at 9:00 PM. Independence Day is one of the best days to come to the Fair, because they pull out all the stops with food, fireworks, entertainment and more. Close out the Fair with a bang with a Fun after Fireworks dance party. Comedian Brad Upton performs on Main Stage, starting immediately after the Fair's July 4th fireworks show at 9:30. **Wicked 4<sup>th</sup> of July Fireworks & Luau Dinner** at the Wicked Wahine Rooftop Bar starts at 5:00pm. <https://sdfair.com/events/july4-fireworks-dinner/> <https://sdfair.com/events/>
- **56<sup>th</sup> Annual Independence Day Festival & Fireworks**, California Center for the Performing Arts, Escondido & Grape Day Park, 4pm-9pm. Free admission. Join 25,000 patriotic festival-goers for Escondido's 56th Annual Independence Day Festival & Fireworks. This free community event features rockin' live music by [Anthony "Fallbrook Kid" Cullins](#), [Rosa's Cantina](#), and [UPSTREAM](#), fabulous food trucks lined up along Broadway Avenue, and a wealth of children's activities and games for everyone to enjoy, including inflatable activities by [Wow Factor Attractions](#) and extraordinary chalk art workshops by [Cecelia Lanavao](#). Be sure to stop by [SoCal Pro Wrestling's](#) ring to watch 4 different match-ups throughout the day. Finally, the festivities will conclude with a special performance by the [3rd Marine Aircraft Wing Band](#) and, of course, a dazzling fireworks display starting at 9:00 pm. You won't want to miss this annual North County tradition! <http://artcenter.org/event/independence-day-festival-fireworks/>
- **4<sup>th</sup> of July at Seaport Village**. View San Diego's biggest 4th of July fireworks show, benefiting San Diego Armed Services YMCA, from Seaport Village! This Independence Day spectacular will feature fireworks ignited from 4 barges located on Port of San Diego's Big Bay. Show starts at 9 pm and will be simulcast live on The Mighty 1090 AM and MAX FM 105.7. Bring the family down to the waterfront and make a day of it with live music in our gazebo from 1 pm - 4 pm, a spin on our historic carousel and dinner. Kids craft zone, Giant Paint-by-Numbers community mural, Live entertainment including music,



stilt walkers and more, "Wheel of Seaport Fortune" with amazing prizes, and Free flags from Alamo Flags.

<https://www.seaportvillage.com/events-calendar/celebrate-4th-july>

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• **Maritime Museum July 4th Picnic Dinner.** The best place to celebrate the Fourth of July will be at the Maritime Museum of San Diego again this year. The observation deck of the museum's historic 1898 steam ferry Berkeley provides a spectacular view of the fireworks show over San Diego Bay. A delicious BBQ dinner will be provided at two seatings. One from 5 p.m. - 6:30 p.m. and the other from 7 p.m. to 8:30 p.m. Fireworks viewing are included with museum admission and guests are welcome to watch fireworks from several ships as well as the new mooring platform located directly behind the Berkeley. Fireworks begin at 9:00 p.m. Prices for dinner purchased in advance online are \$45 for adults and \$20 children 12 and under. Kids 5 & under are free. A special discounted admission of \$10 will begin at 8 p.m. for guests only wanting to watch the fireworks. Museum closes at 9:30 p.m.  
<https://sdmaritime.org/visit/public-events/4th-of-july-celebrations/>
- **4th of July Above the Fireworks!** at Cabrillo National Monument, For the 7<sup>th</sup> year - open to the public...come for the Sunset, Stay for the 6+ Fireworks displays! 6:00pm to 10:00pm, \$50 per passenger vehicle. Bring picnic, flashlights, chairs and blankets. No alcohol. <https://www.eventbrite.com/e/4th-of-july-fireworks-viewing-tickets-46489558521>
- Come celebrate America with singer, composer and actor Lyle Lovett and his Large Band at **Bayside Summer Nights**, Embarcadero Marina Park South, Thu. Jul 4, 7:00. This concert will be performed without intermission, so that it can conclude by 9pm, the start time for the Big Bay Boom fireworks display, which patrons are encouraged to stay for. \*San Diego Symphony does not appear as part of this concert.  
<https://www.sandiegosymphony.org/bsn2019/>
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• The **Big Bay Boom July 4th Fireworks Show** is back, promising another spectacular display over San Diego Bay. Fireworks will be discharged simultaneously from barges placed strategically around the Bay off Shelter Island, Harbor Island, Embarcadero North, Seaport Village, Embarcadero South Marina Park and Coronado Ferry Landing. The impeccably choreographed display will last approximately 17 minutes starting at 9:00pm. The fireworks score is simulcast live on THE MIGHTY 1090 AM and MAX FM 105.7.  
<http://www.sandiego.org/events/holidays/big-bay-boom.aspx>
- **Sea to Shining Sea 4<sup>th</sup> of July Fireworks at SeaWorld.** SeaWorld San Diego is excited to light up the sky with an amazing fireworks extravaganza to celebrate the 4th of July. **RED, WHITE, AND BREW LIVE MUSIC, DRINKS, AND MORE JULY 4-7!** Join us for a patriotic party in the "Red, White, and Brew" Beer Garden. Enjoy live entertainment, cold craft beer, delicious funnel cake, and more! The Beer Garden will be open from 11:00 a.m. to 8:00 p.m. each day next to the SeaWorld Store. Fireworks shows July 4-8 at 9:30pm.

#### Jul 5:

- 🍷 **Farmers Market @ Bernardo Winery** in the Courtyard, Rancho Bernardo, Fridays 9am-1pm. Featuring everything from fresh fruits and vegetables to local honey, fresh artisan breads and local flowers. Also at the farmer's market, treat yourself to a made to order crepe, handmade tamale or hummus and pita. Besides food vendors, you will find beautiful orchids for sale, bamboo clothing, jewelry and a variety of vendors selling their wares. <http://bernardowinery.com/calendar-of-events/farmers-market-every-friday-9-1pm/>
- 🍷 **Bernardo Winery Nights**, every Friday and Saturday nights thru the summer! 4-9pm. Start your Summer Weekends off right at the winery! Join us every Friday and Saturday night during the Summer for wine, live acoustic music, brick oven pizzas and shopping in the Winery Village from 4-9pm. Market lights and fire pits in the courtyard. Tasting room, shops and Café open late! Free Admission. Families welcome, please no pets. <http://bernardowinery.com/calendar-of-events/2512-2/>
- 🚚 **Food Truck Gathering every Friday, Balboa Park at the Plaza de Panama** from 4:00pm-8:30pm (May 31 – Sept 27). This fun, free family event brings 12+ gourmet food trucks to Plaza de Panama and El Prado walkway on a rotating basis every Friday! There are musical performances or DJs each night. Various



Balboa Park cultural institutions have booths with hands-on activities and crafts for kids. The San Diego Museum of Art offers \$5 admission prices to all visitors after 5 pm. <http://sdfoodtrucks.com/>

- **Crusin' Grand Escondido Classic Car Show**, Vintage Auto Show runs every Friday from April 5th to September 27<sup>th</sup>, 5pm-9pm., all along Grand Avenue in historic Escondido. Free event. 500+ cars show up each Friday. <http://visitescondido.com/3074/cruisin-grand-escondido/>
- **Art After Hours**, SD Museum of Art, Balboa Park, Fridays 5pm-8pm. Free for members, youths 17&under. \$5 non-members. Live music and food at Panama 66. <https://www.sdmart.org/art-after-hours/>
- **Friday Night Liberty** at NTC Promenade @ Liberty Station, FREE, Every First Friday – Starting at 5:00pm. San Diego's Biggest Gallery Walk. Open Artist Studios, Galleries and Dance Performances, complimentary wine, punch, tastes of tea, cheese & snacks. All ages welcome. Schedule: <http://libertystation.com/events/>
- **Hops On the Harbor**, Flagship Cruises, Downtown piers, Fridays, 7pm. This two-and-a-half-hour cruise features multiple food stations, music and dancing, picturesque bay views, and a full bar with cocktails, wine, champagne and of course beer. Gather your mates and come cruise with San Diego's best local breweries for a beer lovers event of a lifetime. Every Friday night, we host our Hops on the Harbor craft beer dinner cruise, featuring a different San Diego brewery each month. July Features: Green Flash. Chef Brian Gist collaborates with the brewers to create an exciting dinner menu that pairs perfectly with the distinctive flavors of each brewer's beer selections. <http://www.flaeshipsd.com/cruises/hops-harbor> Purchase discount tickets from MWR, 619-221-1005.
- **The Doo Wop Project - Bayside Summer Nights**, Embarcadero Marina Park South, Fri. Jul 5, 7:30pm. Performs with the San Diego Symphony. Tickets \$24-\$93. <https://www.sandiegosymphony.org/performances/the-doo-wop-project/>

#### Jul 6:

- **Tuna Harbor Fish Market**, on pier next to Seaport Village and G-Street Mole, every Saturday starting at 7am. Local fishermen bring their fresh catches to sell every Saturday. Around 150 varieties of seafood show up here for sale including halibut, bluefin tuna, yellowtail, mackerel, sardines, sheepshead, big-eye tuna—all the bounty pulled out of the waters by local boats. You can take the fresh fish home to clean or get it cleaned there for \$2 - \$5. During market hours, Loaf and Fish, a shade-tent operation run by local fishermen take the day's catch and cook 'em into sandwiches, or grill them simply, and make tacos. <http://thdocksidemarket.com/new/>
- **Little Italy Mercato**, Every Saturday, from 8am-2pm. The Little Italy Mercato is the city market for downtown San Diego residents and visitors with more than 150 booths lining Date Street from Kettner Blvd to Front Street offering farm fresh produce, artisan foods and specialty items. <https://www.facebook.com/LittleItalyMercato>
- **Artisans Market**, Old Town, Every Saturday 9am-4pm. FREE admission. This event includes live music, paintings, jewelry, photography, hand blown glass, clothing, pottery and more. More info: <http://www.oldtownsaturdaymarket.com/>
- **Author of the Month** is a project of the [Friends of Central Library](#) and is held on the 1st Saturday of the month. <https://sandiego.librarymarket.com/events/month/2019-05>
- **SafariHunte Nairobi Pavilion**, Saturday, July 6, 2019, 11:30 a.m. to 1:30 p.m. Enjoy a delicious Fourth of July-inspired barbecue buffet at the Safari Park, with live music and entertainment. A cash bar will be available. Cost is \$49.95 per person for adults, \$19.95 for children, plus tax and parking. Nonmembers add Safari Park admission. For reservations, call 619-718-3000 or book online. <https://www.sdzsafari.org/dining-events>
- **Horizon Music Festival**, Embarcadero Marina Park North, Sat. Jul 6, 12:30pm-7pm. It's the perfect combo: sun, sea breezes, good beats and delicious food. The Horizon Musical Festival is a great way to celebrate the approach of summer, and it's headlined by Big Boi. Plus, munch on great grub from local

restaurants available for purchase while you groove to the music. Tickets \$25 - \$85.

<https://www.eventbrite.com/e/horizon-music-festival-w-big-boi-independence-weekend-tickets-59744492385>

- **J** **John Waite in Concert**, Moonlight Amphitheatre, Vista, Sat. Jul 6, 7:00pm. Rock icon John Waite and his band will perform his catalogue of hits from his 40-year career as a solo artist and his time as lead singer of the bands The Babys and Bad English. His hits include the No. 1 worldwide hit "Missing You," The Babys' "Isn't It Time," and Bad English's "When I See You Smile," all of which are still heard on radio stations around the world today. Goldstar tickets: \$17-\$28.50 (reg \$34-\$57)  
<https://www.goldstar.com/events/vista-ca/john-waite-tickets>
- **J** **The Midtown Men - Bayside Summer Nights**, Embarcadero Marina Park South, Sat. Jul 6, 7:30pm. Reunites stars from the Original Broadway cast of Jersey Boys! Tickets \$31-\$92. (The SD Symphony does not play during this show.) <https://www.sandiegosymphony.org/performances/the-midtown-men/>

#### Jul 7:

- **NTC Walking Tour**, Liberty Station, Sunday, Jul 7, 9am. FREE. Learn about NTC San Diego's 70-year history and its transformation into Liberty Station. Meet at 2820 Roosevelt Road, Suite 201. Info: 619-553-9138. Register online: <https://sandiego.navylifesw.com/activity/127a2e1b-8a24-490c-9fc0-cd6f8f50597d>
- **Hillcrest Farmer's Market & Open Air Bazaar**, Sundays 9am-2pm. An array of groceries and goodies. Featured items include fresh fruits and vegetables, meat, seafood, dairy, dry goods, prepared foods, and specialty treats. There are also health & beauty products and art & craft items.  
<http://hillcrestfarmersmarket.com/>
- **The Headquarters - Certified Farmer's Market**. Every Sunday from 10 am - 2 pm you will be able to roam the streets and explore the ultimate source for local goods. Located at the historic Police Headquarters building, in the Seaport District. <http://theheadquarters.com/events-calendar>
- **CHAMPAGNE BRUNCH AT RIVER'S EDGE CAFÉ AT ADMIRAL BAKER CLUBHOUSE**, NBSD, Sundays from 10 am until 1 pm. Adults \$25 and Children (4-10 yrs.) \$14.95. Reservations are accepted: 619-487-0016 or online. [MAKE YOUR RESERVATION ONLINE](#). Enjoy an array of fresh foods for the whole family to enjoy. Our sumptuous buffet features a delightful variety based on the freshest ingredients available. Kids 3 and Under eat FREE! For groups of fifteen (15) or more, please call our catering office at 619-487-0026 for reservations.
  - Breakfast favorites
  - Omelette Station
  - Smoked Salmon
  - Shrimp Cocktail
  - Prime Rib, Chicken and Fish entrees
  - Garden Fresh Salads & Vegetables
  - Fruit, cheeses and breads
  - Desserts, pastries and ice cream bar
  - Coffee and tea
- **Tanabata Festival**, Japanese Friendship Garden, Balboa Park, Sun. Jul 7, 12:00 noon to 6:00pm.  
<https://www.facebook.com/SanKeiEn/>
- **Oceanside Museum of Art - FREE DAY**, On the 1<sup>st</sup> Sunday of every month OMA offers Free admission to all museum visitors. More info: [http://www.oma-online.org/cms/index.php?option=com\\_content&view=category&layout=blog&id=20&Itemid=205](http://www.oma-online.org/cms/index.php?option=com_content&view=category&layout=blog&id=20&Itemid=205)
- **Coronado Art-in-the-Park**, Spreckels Park on Orange Ave. 9:00am-4pm, 1<sup>st</sup> & 3<sup>rd</sup> Sundays of every month. Coronado Art-in-the-Park features over 50 top artists in oil, acrylic & watercolor painting, etching, photography, wood & metal working & more. <http://www.sandiegocoastlife.com/events/san-diego-bay/coronado-art-in-park.html>

- 🎹 **Spreckels Organ Pavilion holds a free Pipe Organ Concert every Sunday at 2:00pm in Balboa Park.**  
<http://spreckelsorgan.org/calendar/>
- 🍷 **Bernardo Winery Live Music Sundays, thru the summer! Free, 2-5pm.** Tasting room, live acoustic music in the courtyard, brick oven pizzas and shopping in the Winery Village. Come early and try the new 🥞 **Sunday Brunch** in our restaurant, The Kitchen, from 9am-1pm. Rancho Bernardo.  
<http://bernardowinery.com>
- 🕺 **Bachata Dance Lesson (Beginner Friendly) Every Sunday 1pm to 2pm at Melómano Dance Studio.** 4255 Ruffin Road Suite 200, San Diego, CA 92123 Only \$10 for Military. No partner needed. First lesson is free!  
[www.melomano.us/events](http://www.melomano.us/events) Questions? Patrick Hernandez 619-840-7233
- 🕺 **Salsa Dance Lesson (Beginner Friendly) Every Sunday 2pm to 3pm Melómano Dance Studio.** 4255 Ruffin Road Suite 200, San Diego, CA 92123 Only \$10 for Military. No partner needed. First lesson is free!  
[www.melomano.us/events](http://www.melomano.us/events) Questions? Patrick Hernandez 619-840-7233
- 🕺 **Sunday Group Dance Classes, NBSD, Admiral Robinson Recreation Center.** Learn to Salsa, Rumba, Cha Cha, Mambo, Merengue, Samba, Swing, Waltz, Fox Trot, Tango, Hustle, or Night Club Two Step. 5pm Beginner, 6pm Intermediate, 7pm Line Dance (Electric Slide and more) All classes \$5 each.  
<http://navylifesw.com>
- 🕺 **Salsa Sunday, Queen Bees Arts & Cultural Center, North Park, Sundays, Dance Classes start @ 7:30pm;** Dancing from 9:30pm til late. DJs in Salsa Room, Bachata Room and Zouk Room. Entry \$10. All ages welcome. <http://queenbeessd.com/>
- 🎸 **Ian Anderson presents Jethro Tull 50<sup>th</sup> Anniversary, Civic Theatre, downtown, Sun. Jul 7, 8:00pm.** Goldstar tickets: \$40-\$70 (reg \$60-\$105) <https://www.goldstar.com/events/san-diego-ca/ian-anderson-presents-jethro-tull-50th-anniversary-tickets-1>

Jul 9:

- 🎸 **Summer Twilight Concert: Hotel California – A Tribute to the Eagles, Del Mar, 1600 Coast Blvd, Tue. Jul 9, 6pm-9pm. FREE.** <https://www.facebook.com/events/481573995925422/>
- 🎭 **Miss Saigon opens at the Civic Theatre, downtown, Jul 9 – 14.** This epic, award-winning musical from the creators of *Les Misérables* tells the tale of Kim, a young Vietnamese woman who is orphaned by war and forced to work in a bar run by the notorious Engineer. During the final days of the Vietnam War, she meets and falls for an American G.I. named Chris, but they are soon torn apart by the fall of Saigon. Kim then spends the ensuing three years on an epic journey to find her way back to Chris, who is unaware that he has fathered a son. The powerful love story is a modern retelling of Puccini's *Madame Butterfly* and boasts a talented cast of 42 performing iconic songs like "The Heat is On in Saigon," "The Movie in My Mind," "Last Night of the World" and "American Dream." See this stunning production of *Miss Saigon* at the San Diego Civic Theatre. Goldstar tickets: \$32.70 - \$40.70 (reg \$40-\$50).  
<https://www.goldstar.com/events/san-diego-ca/miss-saigon-tickets>

Jul 10:

- 🎸 **Summer Concert Series: Country Artist Lacey Caroline headlining, Jul 10, 5pm-7pm. Free Concert.** NASNI VADM Martin Baseball Field. Enjoy music, free food, games, & door prizes. Open to all 18 yrs.+ <https://sandiego.navylifesw.com/activity/d094b056-04d8-465c-a6a9-2bdf43c18138>

Jul 11:

- 🧘 **Yoga Class, Topside on lawn by Bldg A2, Thursdays 11:30am. FREE.** Bring yoga mat or towel to sit on. Wear loose clothing for stretching. All levels welcome. Instructor: Leah Herce-Andino 553- 4537.  
<https://blog.spawar.navy.mil/cmwr/events.html>



- 🌿 **Summer Wreath Class**, NBPL Community Rec Center, Bldg 546, Thu. Jul 11, 6pm-8pm. \$20. Info: 619-553-9138. Register online: <https://sandiego.navylifesw.com/activity/a979a500-fb73-4cb9-865a-661008f60b54>
- 🕺 **Thursday Evening Swing**, Queen Bees Arts & Cultural Center, North Park, Thursdays, Beginners and Intermediate Swing Lessons start @ 7:30pm; Dancing from 8:30pm – 11:30pm. DJ and Live music. All ages. Entry \$10. <http://queenbeessd.com/>
- 🕺 **Salsa Dance Lesson (Beginner Friendly)** Every Thursday 6:30pm to 7:30pm Melómano Dance Studio. 4255 Ruffin Road Suite 200, San Diego, CA 92123 Only \$10 for Military. No partner needed. First lesson is free! [www.melomano.us/events](http://www.melomano.us/events) Questions? Patrick Hernandez 619-840-7233
- 🕺 **Bachata Dance Lesson (Beginner Friendly)** Every Thursday 7:30pm to 8:30pm at Melómano Dance Studio. 4255 Ruffin Road Suite 200, San Diego, CA 92123 Only \$10 for Military. No partner needed. First lesson is free! [www.melomano.us/events](http://www.melomano.us/events) Questions? Patrick Hernandez 619-840-7233
- 🦅 **Cabrillo National Monument Foundation is hosting a Naturally Speaking Science Education Series event on Pelecanus: Conservation Conversations**, Cabrillo National Monument Auditorium, July 11, 6 - 7 pm. Speaker: Austin Parker. This series is reserved and no charge only for CNMF members. Join today at [www.CNMF.org](http://www.CNMF.org)

Jul 12:

- 📖 **Library of the Future (LOF)** gathering in the Topside Technical Library, Every working Friday 2:00 PM - 3:30 PM, Topics vary from week to week. Always fascinating, always educational.
- 🎵 **Point Loma Summer Concerts Series: Fortunate Son**, Point Loma Community Park on Catalina Blvd, Fri. Jul 12, 5:30pm. Bring a blanket and a picnic to enjoy this outdoor Free concert. Or purchase food at the park provided by Jensen's. (no alcohol please) <https://www.plconcerts.org/>

Jul 13:

- 🐢 **Annual Giant 2-Day TURTLE & TORTOISE Show** in Balboa Park, Casa del Prado, Jul 13 & 14, Sat & Sun 10am-4pm, Free admission. Water Turtles, Endangered Desert Tortoises and more on display. Over 400 Plants and gift item sale. Activity tables. Veterinarians and Care Coordinators on hand. Turtles and Tortoises available for adoption. <http://www.sdturtle.org/>
- 🎨 **2nd Saturday Art Walk in Downtown Escondido**, 5pm – 9pm. At [Escondido's](http://www.escondidoartwalk.com) Second Saturday ArtWalk, over 15 galleries and museums, all within a 10-block walking area in downtown, will open their doors to the public. They will feature art works from both world-renown and emerging artists, along with artists workshops and exhibit openings, live music, wine tastings, and refreshments.
- 🎨 **Explore North Park at the Ray at Night art walk** every 2<sup>nd</sup> Saturday, 6pm-10pm. <http://www.northparkarts.org/>
- 🎨 **La Jolla Village Art Walk**, Sat. 5pm-10pm. Every second Saturday of the month. Take stroll and check out the art and fun events at various venues and locations in La Jolla Village. <https://www.facebook.com/VillageOfLaJollaArtWalk/>
- 🎵 **Harry Potter and the Half-Blood Prince in Concert**, Bayside Summer Nights, Embarcadero Marina Park South, Sat & Sun, Jul 13 & 14. Projected on a giant screen and accompanied by a live symphony orchestra, you can join in on Harry's adventures as never before! <https://www.sandiegosymphony.org/bsn2019/>

Jul 14:

- 🎬 **FREE Movie Night at Liberty Station**, North Promenade. Tonight is: **Wonder Woman**, July 14 at 8pm. Free outdoor film series on the second Saturday of each month from May through October, sponsored by The Rock Academy. Evenings feature surprise pop-up performances or activities along with curated shorts preceding the feature film. <https://ntcfoundation.org/liberty-station-outdoor-movies/>



Jul 15:

- 🌙 **Full Moon Pier Walks**, Birch Aquarium, Mon & Tue. Jul 15 & 16: 7-8:30 p.m. Walk along the Scripps Pier, which is normally closed to the public, on an exclusive moonlit tour. Collect plankton and explore current Scripps Oceanography research while engaging in hands-on activities. For ages 9+. Pre-purchase required. Members/Public: \$30/\$35 Buy Tickets <https://aquarium.ucsd.edu/experiences/programs/pier-walks>

Jul 16: **Full Buck Moon**

Jul 17:

- 🎵 **Opening Day at the Del Mar Races**, Wed. Jul 17, **Band Overboard Concert** 3:00pm-6:00pm. <https://www.facebook.com/events/33164778722575/>

Jul 18:

- 🎭 **San Diego Comic Con**, SD Convention Center, downtown, Thu-Sun, Jul 18-21. Comic-Con International: San Diego returns to the San Diego Convention Center in 2019, beginning with Preview Night on Wednesday, July 17, and running Thursday, July 18 through Sunday, July 21. 2018 marks the 50th year for the show, making it the country's longest continuously-run comics and popular arts convention. The "who's who" of the entertainment industry will be in attendance. This could possibly be the biggest Comic Con Expo ever! <http://www.comic-con.org/>
- 🌐 **The Experience at Comic-Con**, Petco Park's Lexus Premier Lot, July 18-21. What was known as Petco Park's Interactive Zone is back with lots of **free** activities and food trucks. It's a place where a multitude of companies and brands come together and let attendees explore, all for free <https://sdccblog.com/2019/05/the-interactive-zone-at-petco-park-returns-for-san-diego-comic-con-2019/>
- 🧀 **Cheese Feast**, Venissimo Del Mar @ Flower Hill Promenade, Thursday, 3pm-6pm, \$30 p/person. Join us for this all-you-can-eat happy hour extravaganza on the **third Thursday** of every month! Partake in all the featured selected cheeses and charcuterie you can eat, PLUS one glass of wine. [http://venissimochese.vendecommerce.com/collections/class-schedule?sort\\_by=title-ascending](http://venissimochese.vendecommerce.com/collections/class-schedule?sort_by=title-ascending)
- 🍷 **HOPCON 7.0: The WOOTSTOUT Festival**, Stone Brewing World Bistro & Gardens, Liberty Station, Thu. Jul 18. 7pm-11pm. GA \$75; Designated Driver \$35. \$75 ticket includes: Fifteen 3oz tasters, 3 specialty casks of Wootstout, Commemorative glassware, Gourmet Food Stations, Mostra Coffee samples, Lawn games, Photo booth, Costume Contest, Churros for dessert. T-shirt available for \$20. <https://www.stonebrewing.com/events/hop-con-70>

Jul 19:

- 🎵 **Point Loma Summer Concerts Series: Band Overboard**, Point Loma Community Park on Catalina Blvd, Fri. Jul 19, 5:30pm. Bring a blanket and a picnic to enjoy this outdoor **Free** concert. Or purchase food at the park provided by Jensen's. (no alcohol please) <https://www.plconcerts.org/>
- 🎵 **SALSA UNDER THE STARS**, Headquarters Courtyard, FRI, JUL 19 - 6:00PM TO 9:00PM. Dance the night away with Manny Cepeda and his orchestra in our beautiful outdoor courtyard from 6 pm - 9 pm. No partner or experience necessary for this free event. <http://theheadquarters.com/events-calendar>
- 🎵 **Galaxy Quest in Concert**, Copley Symphony Hall, Jacobs Music Center, Fri. Jul 19. Composer David Newman conducts the San Diego Symphony performing the score he wrote! <https://www.sandiegosymphony.org/bsn2019/>

Jul 20:

- 🐛 **Insect Festival**, SD Botanic Garden, Encinitas, Sat & Sun, Jul 20 & 21, 9am-5pm. Included with entry fee. <http://www.sdlbarden.org>

- 🍷 **Spirits Dinner Featuring Jack's Family of Brands**, SD Zoo Safari Park's Hunte Nairobi Pavilion, Escondido, Saturday, July 20, 2019, 5:30 to 7:30 p.m. Enjoy a fascinating animal presentation and a unique four-course gourmet meal—with each course paired with a special cocktail. A representative of Jack's Family of Brands will speak about the different pairings. Cost is \$84, plus tax and parking. Guests must be 21 or older. For reservations, call 619-718-3000, or book online.  
<https://www.sdzsafariipark.org/dining-events>
- 🏃 **Cabrillo Sunset 5K Run/Walk**, Cabrillo National Monument, Sat. Jul 20, 5:30pm-8:30pm. \$35 . The Cabrillo Challenge route takes you down 200 feet to the tide pools with a pristine ocean view to enjoy while running/walking the route. Runners will compete for first place awards in both the Men's & Woman's division which will guarantee free admittance into the America's Finest City Half Marathon. Run, walk or cheer. All participants will receive a numbered runner's bib, limited edition special event t-shirt and one of a kind commemorative medal. <https://cnmf.org/cabrillo-sunset-5k-race/>
- 🎵 **Back to the Future in Concert**, Copley Symphony Hall, Sat. Jul 20, 7:30pm. Power up your DeLorean...recharge your flux capacitor...and get ready to relive Back to the Future. Fans old and new will experience the thrill of this unforgettable movie classic on the big screen with the San Diego Symphony conducted by David Newman performing Alan Silvestri's musical score live.  
<https://www.facebook.com/events/2045024755801392/>
- 🎵 **Beck and Cage the Elephant: The Night Running Tour**, North Island Credit Union Amphitheatre, Chula Vista, Sat. Jul 20, 7:30pm.

## Jul 25:

- 🎪 **National Carousel Day** - Bring the whole family to the Balboa Park Carousel for live music, food vendors, and free carousel rides. <https://www.kpbs.org/events/2019/jul/25/national-carousel-day-8d3b7588/?et=106167>
- 🎭 **Costume College Conference**, Woodland Hills, CA, July 25-29. Costume College is an annual three-day costuming arts conference with lectures, educational classes, workshops, and tours. For more info, see this page: [www.costumecollege.net/](http://www.costumecollege.net/)
- ★ **Culture & Cocktails: Angels and Saints** San Diego Museum of Art, Balboa Park, Thursday, July 25, 6:00pm-10:00pm.
  - Sip on "The Archangel," the evening's signature cocktail, made with blonde rum, cherry pomegranate wine, crème de cassis, lemon, cinnamon demerara, and soda water
  - Try custom brewed beer from SouthNorte Beer Co., created specially with SDMA and inspired by the featured exhibition *Art and Empire: The Golden Age of Spain*
  - Enjoy special choral performances by SACRA/PROFANA
  - Make your own sacred halo to wear during the evening
  - Look angelic inside our Living Angel Wings Photo Booth
  - Get a taste of Spain on wheels from the Got Paella Food Truck
  - Take a bite of something sweet with churros from Churros X Chocolate
  - Dance the night away with music by DJ Giancarlo

\$10 members\* | \$25 nonmembers. On the day of the event, ticket prices will increase to \$15 for members and \$35 for nonmembers at the door. THIS IS A 21+ EVENT. IDS WILL BE CHECKED AT THE DOOR.

## Jul 26:

- 🎭 **On The Steps** opens the San Diego Museum of Art in Balboa Park to the public with FREE admission, art-making activities, performances by local dancers, musicians and artists on the Museum's front steps, as well as cultivates partnerships with local non-profit organizations that strengthen our community. In addition, on July 26, **On The Steps** will offer FREE ADMISSION into our special exhibition of the summer, *Art and Empire: The Golden Age of Spain* from 5:00-8:00 p.m.

- **JJ Point Loma Summer Concerts Series: Full Strength Funk**, Point Loma Community Park on Catalina Blvd, Fri. Jul 26, 5:30pm. Bring a blanket and a picnic to enjoy this outdoor Free concert. Or purchase food at the park provided by Jensen's. (no alcohol please) <https://www.plconcerts.org/>

Jul 27:

- **Sip of Julian**, Sat. Jul 27, 11am-5pm. \$35. Ten tasting rooms offer samples of their beer, wine, hard cider and craft cocktails along with small bite food pairings. [www.sipofjulian.com](http://www.sipofjulian.com)
- **JJ Sunday in the Park: A Funky Music Jam Session @ Panama 66**, Balboa Park, every 4<sup>th</sup> Sunday, 6pm-8pm. Have a nice outdoor dinner by the sculpture garden and listen to great music! All ages welcome, family friendly. <http://sandiego.urbanistguide.com/events/sundays-park-funky-music-monthly-jam-session/>

Jul 28:

- **JJ Common performs with the San Diego Symphony: Bayside Summer Nights**, Embarcadero Marina Park North, Fri. Jul 28, doors open 6:00pm, show 7:30pm. An Academy Award and three-time Grammy-winning hip hop artist, actor, film producer and activist, Common joins the San Diego Symphony for a one-night-only showcase performing selections from his new forthcoming album *Let Love Have the Last Word*, along with some of his most memorable hits. Goldstar price: \$24.75 - 75.24 (reg \$33-\$99) <https://www.goldstar.com/events/san-diego-ca/common-with-the-san-diego-symphony-tickets#venue-details>

**MWR ITT Recreational Ticket Sales: Liberty Station Mini-Mart NEX on Nimitz @ Rosecrans**, Ph: 619-221-1005; **NBPL in The Clubhouse** Rec Center, Bldg 546, Ph: 619-553-9138, Hours: Monday - Saturday 0900-1700

**NRSW MWR ITT Discount Ticket Web Site:** <http://navylifesw.com/sandiego/recreation/tickets/>

**MCRD MWR Discount Ticket Price list:** <http://www.mccsmcrd.com/ticketsandtours/>

**See a FREE Movie at one of the Navy Bases.** Schedules: <http://navylifesw.com/sandiego/movies/>

**Padres Discount Site:** <http://www.padres.com/promo> Look for SPAWAR (Use code: SD39933)

**Padres Military Appreciation Tickets 25%-50% Off:** <https://www.mlb.com/padres/tickets/specials/military-appreciation>

**Two Navy Marinas: Boat rentals & Sailing Classes** <http://navylifesw.com/sandiego>

**Camp Pendleton Stepp Stables:** Horseback riding, lessons, boarding, trail rides. For information and reservations, please call the Stables office at (760) 725-5094. <http://www.mccscpo.com/stables/>

**Paintball Parks at Camp Pendleton & Miramar:** <https://thepaintballpark.com/>

**MWR Massage:** Treat yourself to a massage at one of the Navy bases. Offering Swedish, Deep Tissue, Trigger Point & Pre-Natal, Hot-Stones, Salt & Sugar Scrubs, and Sports Massage. Prices range from \$35 to \$80. A half-hour Swedish Massage is \$35, one-hour Swedish Massage is \$50, 1 ½ hour is \$70. To book, contact **NBSD Bldg 223:** 619-556-7450, **NBPL Fitness Center Bldg 1:** 619-553-7552.

Rejuvenate your skin with **MWR's Esthetic Program**. Services for men and women include various facials, mini peels and waxing. Make MWR part of your relaxation and self-care routine, or give it as a gift to someone you



love. Balboa Fitness Center NMCSD, Bldg. 26, Floor 1B, 619-532-7629.

<http://navylifesw.com/sandiego/about/nltw/>

**🍷 || Ocean View Sunday Brunch starts in April**, Ocean View at Ballast Point, NBPL. Libations, events and fun on the deck overlooking the Pacific Ocean. Sunday Brunch the **1st and 3rd Sunday** of each month offers an affordable buffet with food for everyone's taste served indoors or on the expansive new teak deck on the edge of the Pacific. Brunch service features buffet breakfast and lunch items, carving stations, egg stations and a special waffles or pancake station making your favorites to order. Our full-service bar is open for your celebration libations. Seating 10am-1pm. Brunch is priced at \$21.95 for adults, \$14.95 for children ages 8-10, \$7.95 for children ages 5-7, kids 4 and under eat free. For reservations, call ADM Kidd: 619-524-6287, or complete the [SUNDAY BRUNCH RESERVATION FORM](#). OV: 619-767-4689

<http://sandiego.navylifesw.com/programs/e5439e67-13a6-4cd5-94c5-5ad3a6d1e99a>

Half price tickets to many plays and shows are available from [www.Goldstar.com](http://www.Goldstar.com) or from

<http://www.sdartstix.com/about-us/> <https://web.ovationtix.com/trs/cal/31845?sitePreference=normal>

**Liberty Station Family Movie Night**, on lawn between Barracks 3 & 14 (behind Stone Brewery). 2<sup>nd</sup> Saturday of each month through August. Free. [www.facebook.com/LibertyStationMovieNight/](http://www.facebook.com/LibertyStationMovieNight/)

**San Diego Beer Trolley and Wine Train Tours:** <https://sandiegobeerwinespiritstours.com/>

**Hornblower and Flagship Cruises** have special summer cruises. Buy discount tickets from MWR Offices. 619-221-1005. <http://navylifesw.com/sandiego/recreation/tickets/>

Many breweries all over the county host food trucks. These are the breweries with online schedules:

- AleSmith Brewing: Hosts one truck most days. 9990 AleSmith Court, Miramar 92126. [Schedule](#).
- Ballast Point Home Brew Mart: Hosts one truck most evenings. 5401 Linda Vista Road, Suite 406. [Schedule](#).
- Helix Brewing Co: Hosts one truck most evenings. La Mesa, 8101 Commercial St. [Schedule](#).
- Second Chance Beer Co: Hosts one truck most evenings. Carmel Mountain, 15378 Avenue of Science #222. [Schedule](#).
- Thorn Street Brewery North Park: Hosts one truck most evenings. North Park, 3176 Thorn St. [Schedule](#).

♪ **Bayside Summer Nights Concerts**, San Diego Symphony, Embarcadero Marina Park South. *Pre-concert activities for kids begin at 6pm.* <https://www.sandiegosymphony.org/bsn2019/>

♪ **Santee Summer Concert Series:** 6:30pm-9:30pm. FREE. Bring a blanket or beach chair. [www.phtcountrymusic.com](http://www.phtcountrymusic.com)

**Humphrey's Concerts by the Bay:** <http://humphreysconcerts.com/schedule.cfm>

**Humphrey's Backstage Live:** <http://www.humphreysbackstagelive.com/>

**Warwick's Book Signings:** <http://www.warwicks.com>

**Queen Bee's Cultural Center:** <http://queenbeessd.com/>

**Belly-Up Tavern Concerts:** <http://bellyup.com/calendar>

**Music Box Concerts:** <http://m.ticketweb.com/venue/music-box-san-diego-ca/420435>

**The Headquarters/Seaport District Events:** <http://theheadquarters.com/events-calendar>



All American  
1st District  
Veterans of Foreign Wars  
Department of California  
2019-2020 Year



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> <b>2019</b> <b>2020</b> <b>VFW YEAR</b> <b>STARTS</b>	<b>2</b>	<b>3</b> <b>Next To</b> <b>Last Day</b> <b>of</b> <b>SAN DIEGO</b> <b>COUNTY</b> <b>FAIR!</b>	<b>4</b> <b>HAPPY 4th</b> <b>PARADE</b> <b>CORONADO</b> <b>10 AM</b> 	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b> <b>1st District</b> <b>4th Quarter</b> <b>Quarterly</b> <b>Audit</b> <b>Post 1512</b> <b>17:30 Hours</b> <b>Budget Meeting</b> <b>to Follow</b>	<b>10</b>	<b>11</b> 	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b> <b>FOR THOSE NOT</b> <b>GOING TO</b> <b>ORLANDO</b> <b>COMIC-CON</b> <b>INTERNATIONAL</b> <b>STARTS</b>	<b>19</b>	<b>20</b> <b>120th</b> <b>VFW</b> <b>National</b> <b>Convention</b> <b>Orlando, FL</b>
<b>21</b> <b>120th</b> <b>VFW</b> <b>National</b> <b>Convention</b> <b>Orlando, FL</b>	<b>22</b> <b>120th</b> <b>VFW</b> <b>National</b> <b>Convention</b> <b>Orlando, FL</b>	<b>23</b> <b>120th</b> <b>VFW</b> <b>National</b> <b>Convention</b> <b>Orlando, FL</b>	<b>24</b> <b>120th</b> <b>VFW</b> <b>National</b> <b>Convention</b> <b>Orlando, FL</b>	<b>25</b>	<b>26</b>	<b>27</b> <b>PAST</b> <b>COMMANDERS</b> <b>CLUB</b> <b>PICNIC</b> <b>MCRD</b> <b>10 AM</b>
<b>28</b>	<b>29</b>	<b>30</b> <b>POSTS</b> <b>4th QUARTER</b> <b>AUDIT</b> <b>DUE AT</b> <b>DEPARTMENT</b>	<b>31</b>			