VFW 1st District of California









In September, Veterans of Foreign Wars VFW Commander-in-Chief William "Doc" Schmitz met members of the San Diego Veterans Coalition at the County of San Diego Veterans Resource Center in Oceanside, California. Doc spoke to members of Temecula Valley VFW Post 4089, VFW Post 1513 Commander Matt Foster, Don Diego VFW Post 7420 Quartermaster John Lewis, VFW Post 10577 Commander Christine Cruz & Junior Vice Commander Andres Ortega, VFW Mighty 1st District Commander Myles Fry & Senior Vice Commander Paula Jansen. Discussion was held on the upcoming Veterans Muster in Project that will be held on February 22nd, 2020.



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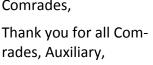
18-21 Upcoming Events

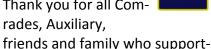


District 1 Commander Myles Fry

Greetings

Comrades,





ed the Post 7907 and District 1 booth at the Miramar Air Show. The key to membership for large events is strength in numbers where we can reach as many eligible members as possible. I also want to congratulate Post 9327 for both Blood Drive and Chili Cook Off events. Both events got great media coverage including KUSI and other local news articles. Post 3783's Ramonastock was a lot of fun and everyone looked great in their 60's garb! The food was really "Groovy" too!

The POW/MIA ceremony put on by Post 1512 was very solemn and heartwarming along with all ceremonies throughout the District. Once again, the Mighty 1st District pulls together to honor our veterans and those who are missing and unaccounted for. Thank you for all involved with panning and executing the ceremony.

Myself, District SR Vice Paula Jansen, and members of Posts 1512, 10577, 7420, 9327, 1513, VFW Riders, American Legion, San Diego County Veteran Services, and the San Diego Veterans Council had the honor of meeting with VFW Commander-in Chief William "Doc" Schmit and his staff in Oceanside for a roundtable to discuss veteran issues throughout the state. The purpose of the gathering was to discuss ways to "connect the unconnected" meaning to reach out to the 70% of veterans not associated with some sort of veteran service organization and made them aware of benefits. The San Diego Veterans Council is proposing an annual "Muster" much like Stand-down to bring veterans together in a centralized location to connect them organizations that can bring them together in comradeship and provide assistance. We will be discussing this more in the next few months.

In Comradeship,

Myles Fry, Commander, Mighty 1st District



District 1 President Grace Leyva



Hello Brothers, Sisters and Comrades of the Mighty 1st District.

September POW/MIA Solemn Ceremonies were a time to reflect and remember the sacrifices of those captured and imprisoned by the enemy, and those whom their families still grieve as their fate remains unknown.

We have been very busy inspecting Auxiliaries. We are half way through. I would like to thank the Auxiliaries that we have inspected for their hospitality. love gifts, beautiful hummingbird gifts and donating to my Special Project Cammies and Canines.

Thank you San Marcos Memorial 3795 for hosting our September Membership Meeting. Thank you to all the Auxiliaries for working so hard on attaining a high percentage of 90.80%.

We are very grateful and appreciative of our phenomenal PDPs that worked diligently on our 1st District Leadership & Mentoring Guide.

The PDP's Leadership Program and Mentoring training will be held on October 13, 2019 at Encanto 1512 @ 12:00pm. Light lunch will be served.



Thank you for all you do.

Respectfully,

Grace Leyva, District 1 President

SPREAD OUR WINGS TO PROTECT OUR VETERANS





2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Vet of the Year Applica- tion due date extended until 8 October	2	3	4	5 1 pm VFW DEPT OF CA COUNCIL OF ADMIN. Post 2111 1 pm: Hog Wild Deep Pit BBQ Post 2080, Campo
6 3:30 pm Honor Flight Homed - ing, San Diego Airport, Term #2	7 San Diego County Veteran of the Year Ap- plications due tomorrow!	8 5:30 pm 1st District 1st Quarter Quarterly Audit Post 1512	9	10 Is your Post Adjutant re- porting on the All American Dashboard?	11	12 USS Cole Wreath Laying Ceremony
13 12 pm PDP Leadership & Mentoring, Post 1512, Encanto U.S. Navy established 1775	14 Columbus Day	15	16	17 1:00 pm VAVS Meeting VAMC La Jolla Multipurpose Room	18	19
20	21 5:30 pm Past Com- mander Club Dinner & Meeting Post 3787	22	23	24	25	26 Veterans Day Parade Applica- tions Deadline. Apply only at http:// www.sdvetparade. org/apply/s
27 Navy Day 12 pm Final SOI, Post 1924 Fallbrook Walk to Fight Suicide	28	Post Adjutant: Report on All American Dash- board	30	31 Halloween VOD/PP/ TEACHERS Due at Posts Post Quarterly audit due at Dept.	Fly the flag on days with this symbol:	







From the Editor: In addition to the calendar on the previous page, I would like to add a section that has been popular on other newsletters I've worked with. I call it "Mark Your Calendar!". Here are the details...

- ⇒ All Post or District personnel are encouraged to submit items of interest to VFW members and their families.
- ⇒ Feel free to announce Post, Local, District Wide, Regional or National events.
- ⇒ One advantage to this format over the monthly calendar is that you can post entries for several months ahead of this month (Note the December 17th entry below.) and they will stay there until after the event has occured.
- ⇒ Each entry will be short, two or three lines at most. The idea is to give you enough detail to know if you would be interested in that event. If I have more information, the entry will point you to another page in this newsletter or to a web site where you can find all of the available details.

As more members participate and add items, this could become a very inclusive list of many events of interest to each of you. Try it out for a while and let me know what you think.

Richard Vannoy II, Editor

Mark Your Calendar!

1 October, 2019: San Diego County Veteran of the Year entries due date extended to 8 October, 2019.

5 October, 2019: 1:00 pm, VFW Department of California, Council of Administration Meeting at Post 2111

5 October, 2019: 1:00 pm, Hog Wild Deep Pit BBQ, Post 2080, Campo

6 October, 2019: 3:30 pm, Honor Flight Homecoming, San Diego Airport, Terminal 2

8 October, 2019: San Diego County Veteran of the Year entries due.

8 October, 2019: 5:30 pm, 1st District, 1st Quarter, Quarterly Audit, Post 1512

12 October, 2019: USS Cole Wreath Laying for SN Lakiba Palmer Mt. Hope Cemetary, Market St. Div11 Sec 1 GR2 Lot 35

13 October, 2019: 12 pm, Past District President's Leadership Program and Mentoring Training, Encanto 1512

14 October, 2019: Columbus Day

17 October, 2019: 1:00 pm VAVS Meeting, VAMC La Jolla Multipurpose Room

20 October, 2019: Send your articles and photos to the Dispatch Editor at editor@vfwcadist1.org

21 October, 2019: 5:30 pm Past Commander Club Dinner and Meeting, Post 3787

26 October, 2019: Deadline for San Diego Veterans Day Parade Applications. Apply only at:

http://www.sdvetparade.org/apply/s

27 October, 2019: 12:00 pm Final School of Instruction, Post 1924, Fallbrook

27 October, 2019: 8 am to Noon; Walk to Fight Suicide, Liberty Station. Details: Bart Gillard 619-933-2676

31 October, 2019: VOD/PP/TEACHERS Entries Due at Post

31 October, 2019: Post Quarterly Audit due at Dept.

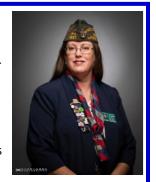
3 November, 2019: District Meeting, Chula Vista Veterans Home

REPORTS FROM DISTRICT OFFICERS

Hello Comrades,

Post visits are nearly done, Commander, Junior and I have been travelling all over the district. In doing so what I have noticed is that we all take great pride in our Post. We are all doing great work supporting our fellow veterans. Sometimes it's not just the huge projects like the blood drive in Santee that make a difference but the little ones like buying socks for the homeless vets. Keep up the good work Mighty 1st.

We are getting close to the end of the critical 120 days. There are lots of due dates in the coming weeks. We have hit a couple out of the park recently. We had all but one (due to an emergency) quarterly audits at department on time, and we had 100% on time submission for Post bonding. One of only two Districts



in the entire Department. Our next due date is our quarterly audits due **Oct 31**st, let's see if we can get 100%. You don't have to wait until Oct 31st! As soon as you have it done you can send it in.

Help us help you get the word out about your post events. You can do this by emailing your flyers to our webmaster and dispatch editor. We want your special events, monthly menus and pictures with captions that you would like to share.

webmaster@vfwcadist1.org Sara Jeyes, editor@vfwcadist1.org Richard Vannoy

I just want to say publicly a huge Thank You, Sara & Richard. Both do so much work behind the scenes to keep information flowing and available at a click of a mouse. People like these is what makes the Mighty 1st so great. Thank you Sara & Richard.

Paula Jansen

Senior Vice Commander, District 1

VOD/PP/Teach Chairman Paula Jansen

By now you should have downloaded the forms, contacted schools, talked it up at the Post. Have your Commander email the forms out to members, even those who live in other areas, this is a nationwide program any post can take an entry. Each Post can submit 1 winner for every 15 entries. Full requirements can be found on www.vfwca.org and www.vfwca.org

Please make sure they are all filled out and legible. Don't forget to sign them! Entries due to Post by Oct 31.

Drop off your entries at Post 5867 or mail to Carter Smith, VFW Post 5867, 12650 Lindo Lane, Lakeside CA 92040 or I can take them at the Nov 2nd District Meeting

Entries due to District Nov 15 (will gladly take them early) (we will not accept late entries)

Judged Entries due to Department By Dec 6th. District Awards Dec 14th. (Flyer will be distributed in Oct)



Public Servant Award Chairman Ron Bonnin

Form/guideline for submission is available on www.vfwca.org under program guide LE/FF/EMT Deadline for submission to Post Chairmen is November 1, 2019.

Deadline for submission to District Chairman by Post Chairmen is November 15, 2019.

Deadline for submission to Department Chairman by District Chairmen is December 10, 2019.

Drop off your entries at Post 5867 or mail to Carter Smith VFW Post 5867 12650 Lindo Lane Lakeside Ca 92040 or I can take them at the Nov 2nd District Meeting

Entries due to District Nov 1 (will gladly take them early) (we will not accept late entries)

Women's Veteran Chairman Paula Jansen

Our Facebook Page: VFW District 1 She Served Too

We post many relevant stories in the area of women's veterans' news and actives. Please forward any good information via messenger or email to SVC@vfwcadist1.org Share the page with your fellow female veterans.

REPORTS FROM DISTRICT OFFICERS

LEGISLATIVE REPORT

Comrades,

I have just returned from the VFW Legislative Session in D.C.. It has been a good year for us so far. Our top two priorities from March have been passed and signed into law, Blue Water Navy Bill and the recent Budget Bill eliminated sequestration.

Our new priorities:

The elimination of the Widows Tax is included in the House NDAA, which has 372 co-sponsors. The Senate version of the NDAA does not include the Widows Tax. Senator Feinstein is a co-sponsor, so use the VFW Action Center to request Senator Harris vote for this inclusion.

Concerning the Veterans Administration, the House is encouraging the VA Oversight Committee to vigorously seek aggressive oversight of the VA Mission Act of 2018 implementation since they have been slow getting Caregiver Act and Blue Water legislation into action.

Burn Pits, ensure the NDAA conference report includes provisions to improve how DoD tracks, treats, and prevents the harmful impact of burn pits.

Vocational Rehabilitation and Employment, we are urging Congress to remove the 12 year limitation from the Bill.

Transition legislation. Once a veteran is discharged they have no access to the TAP program. The VFW is asking for grants to community organizations for access to TAP programs off base.

Service before Self

Tom Dorsey

VFW of CA District #1 – Legislative Chairman VFW National Legislative Committee Member

1st DISTRICT MONDAY NIGHT FOOTBALL WINNERS — Week 3

GAME THREE

Redskins - Home 15 5
Bears - Visitors 31 1
Book Post Winner
30 1512 Kent D. Morrow
130 2275 Larry Wyatt
230 1512 Jenny Aguinaldo



District 1 Membership is at 87.45%

Congratulations to the following posts on reaching 90%

Post 1512......Encanto
Post 2082......Lemon Grove
Post 3788.....Kearny Mesa
Post 4630......National City
Post 4851.....Asian Pacific
Post 5477.....Imperial Beach
Post 7041......Vista
Post 7907.....Poway

Paula

Commanders, Quartermasters, Captain, Paymaster, Comrades

Post 9327.....Santee

First 1st District Post to hit 95% in Membership for 2019-2020

Congratulations to Silver Strand Post 5477. Thank you to the Commander, Quartermaster, and Comrades of Post 5477 who are at 95.43% as of 9/23/19.

Coming soon-----

Changes to the community service and scouting/youth/ROTC programs. These programs are being brought in line with National. New guides will be distributed at C of A and posted to the Department website soon afterwards.

Look for the Tomas Jefferson Award, Post Special Project, Volunteer Recognition requirements.

We also have four Department level awards for Scout Leaders, Scout Units, Post Most Active in Scouting and Post Most Active in ROT Program, with updates.

Paula Jansen

Department of Ca Chairman
Citizenship Education
Community Service
Safety Recognition
Youth Activities
JRTOC/ROTC Programs



REPORTS FROM DISTRICT OFFICERS

Past Commanders Club "Number One"

On July 1, 1946, the Past Commanders of the First District of the Department of California, Veterans of Foreign Wars of the United States, associated themselves into a what is known as the Past Commanders Club. Any Past Commander of a Post, County Council, District or Department of the Veterans of Foreign Wars of the United States is eligible to become a member of this organization if he/she can show a paid-up dues card in the V.F.W., and the payment of the required membership fees. At present, membership dues in the Past Commander Club are \$15.00. Dues expire the 31st of December each year. It is a non-profit club instituted for rendering service, social, civic and educational, to the membership of the First District V.F.W., and does not contemplate the distribution of gains, profits, and dividends to the members thereof. Any Past Commander holding membership in "Number One" is entitled to all privileges except a non-resident member (Living outside of the District) shall not be eligible to hold office in the Club. The club holds regular business meetings on the "Third Monday" of the first month of each quarter. Each year at the April quarterly meeting the election of the President, Secretary, Treasurer and Chaplain take place. Dinner precedes each of the meetings. In July of each year, the Past Commander Club usually holds a picnic at which time the Post Commander of the Year selected by the PCC receives a plaque. If you were a Past Commander of a Post, County Council, District or Department of the Veterans of Foreign Wars of the United States you are requested to join this prestigious club and assist with carrying on the rendering service, social, civic and educational to the membership of the First District V.F.W.

Chief of Staff Pop Quiz

Comrades,

We are well into the 2019-2020 VFW year, so how about a pop quiz? The answers are located on page 15.

- 1. True ____ or False ____: Relief funds may be invested in approved securities, loaned to the Post or other units but shall not be transferred from the relief fund in any manner or under any guise.
- 2. Yes ___ or No___: Do the National Bylaws specify that all meetings will be conducted in English?
- 3. Multiple part questions relating to officer replacement: The Post, at the next stated meeting or special meeting, may by _? % vote of the members present declare vacant the position of any elected officer or elected chairman or committee member who have A. absented themselves from _?_ consecutive meetings or who has B. failed to fulfill the duties of the office specified in Section _? of the Manuel of Procedure.
- 4. A ___ or B ___ or C ___: Regarding regular post minutes...

 A. Corrections, if any, and approval of the minutes are normally done by unanimous consent. B. The chair (post commander) calls for the reading of the minutes, asks for any corrections, then declares the minutes approved. C. Either is correct.

Should there be any questions about this information, please consult with your Post Chain of Command.

See you soon. Yours in Comradeship,

> PDC Douglas Carrington District 1 Chief of Staff 2019-2020 slainte1861@att.net



Post 3787 honors the prisoners and missing in their POW/MIA ceremony.

REPORTS FROM DISTRICT OFFICERS

Chaplain Report

Hello and welcome to fall to all brothers, sisters and comrades!

With October in sight, we're on the downslide to the end of the year and holidays to be celebrated with our families, friends, and others who are in our lives for God's great plans. Enjoy the autumn colors and scents, fresh air and beauty in nature. This covers end of August and the majority of September for

those Auxiliary sisters and brothers who needed either a get well, cheer you up or whose family needed a sympathy card. Please be aware that I have heard from others about Aux members who have been ill, or have passed, but I am not receiving this information in a timely manner to be able to get a card to the member and/or their immediate family for condolences as needed. Kindly email this information to sheilajo9578@cox.net so I may assist accordingly and pass on the details to the other Auxiliary chaplains as well.

8/31: Sister Socorro Willis, Auxiliary 7420-Don Diego

Cards to be sent to her family: The Willis Family 3743 West Girard Ave. Denver, CO 80236 (services were held on Sept. 17 at Holy Family Catholic Church, San Diego)

Sister Claudette West, Auxiliary 2422 - Henry Styer, Coronado

Cards to be sent to her family: The West Family 1200 5th St. Coronado CA 92118-1810 (Claudette had passed away in June, notification received after confirmation of death date). *note for 9/20* card was returned as undeliverable, will inquire as to updated address if available to do so. Email sent to secretary, Dawn Z at 2422 for assistance.

9/5: Bill White, husband to PDP Phyllis White, passed away this month.

Cards may be sent to the family at: 32 Faulkner Ct., Ventura CA 93003

Courtesy card sent to the family of Olivia Chavez, Aux 7792 who passed away on July 21, 2019. They reside in Atwater, CA. (not from District 1).

Sympathy card sent to Aux 7907 member Bryan Beard, grandson to our Dist. 1 Flag Bearer, Annette Bongiovanne. Bryan's aunt, Buffy passed away in September 3. Cards may be sent to him: Bryan Beard 511-14th St. Apt. A3 Ramona CA 92065

9/19: Get well courtesy card sent to Post 3787 Comrade William Richard Heldreth, suffered injuries from a propane explosion.

Sympathy courtesy card to the family of Dist. 12 Senior VP, Ailini Peneueta, who was also President to Aux 8679. Passed away Sept. 11, 2019.

Courtesy get well card sent to Eric Jansen, father of Dist. 1 Guard Leanna Brown and husband to Dist. 1 SVC Paula Jansen, from Post 5867, admitted to the VA Hospital in La Jolla for respiratory illness.

9/20: Notification received for the passing of Margaret Dunivan, Aux Member Ingram Ship #1774, passed away on Sept. 2, 2019.

Cards to be sent to: Dunivan Family 6800 Plum Creek Dr. #127 Amarillo TX 79124

Respectfully submitted, Sheila Jo Snyder, District 1 Chaplain

NEWS: VFW AND MILITARY

Hash tags

Warning! If you were raised in the last century, you will have great difficulty comprehending this article. If you have trouble, find someone under 25 years old to help you transition into this century. Editor

These are user created tags that allow people to find

information about a certain theme in social media sites quickly. (Facebook, Twitter, Instagram) They start with the pound sign # and do not have any spaces. They can have both letters and numbers. In the search area of a social media site type the hash tag you are looking up and you'll see all the posts with that hash tag. To use a hash tag in a post type the hash tag you want (#Mighty1stAux) to use anywhere in the post but they are typically found at the bottom of the post. There are many other hash tags in use but these are the most common ones.

National #VFWPostPride
Dept Post #VFWCA
Dept Aux #VFWCAAux
Dist 1 Aux #Mighty1stAux
Dist 1 Post #Mighty1st

Local create your own such as #VFWPost3787



Tagging

You can tag a person or a place using @. They both work the same way. Type @ and then begin typing the name of the person or place. You can use spaces here. The list of names updates as you type more characters unit you find the right one to click or tap. This is away to say where you are and who you are with when at your post or any function.

QR Codes

These little boxes are great for getting someone directly to a website. Most iPhones and some Androids can open a QR Code with the camera others may require an app. This can be used on a flyer to take someone to your post sites for more information, your Facebook page or an Eventbrite site to purchase tickets for an event. The QR code below takes you to amazon smile to set up your amazon account to support Cammies & Canines Sanctuary which is Grace's special project.

District 1 Website/Facebook

Website: https://vfwcadist1.org

Facebook: https://www.facebook.com/vfwmighty1st

Send your event flyers and monthly calendar to webmaster@vfwcadist1.org and we'll get them on the website. Post your event flyers on the Dist1 Facebook in the comments section of the "What's happening at your post" thread. Event flyers should be special events and not weekly meals.

Remember to share your story, share your pictures.

Tell the world what we are doing!

NEWS: LEGISLATION; STATE & NATIONAL

Senate Bill Introduced to Protect Active Duty from Medical Malpractice

Sens. John Kennedy (LA.) and Mazie Hirono (Hawaii) recently introduced the SFC Richard Stayskal Military Medical Accountability Act (S.2451) to allow active duty service members to sue the military for medical malpractice and negligence. This bill is identical to a bill (H.R.2422) introduced by Congresswoman Jackie Speier (Calif.), Chair of the House Armed Services, Military Personnel Subcommittee (reported in 5/24/19 News-Bytes).

A Supreme Court decision in 1950 banned active duty service members from suing the military for medical malpractice or negligence, and this decision became known as the Feres Doctrine. This legislation will help overturn that decision.

Sgt. Richard Stayskal is the primary champion of this legislation. In two separate appointments, Army doctors detected a cancerous tumor growing in Sgt. Stayskal's lungs, but they did not initiate the proper treatment or make him aware of the tumor's existence. Under the Feres Doctrine, he could not sue the military hospital that failed to inform him of his condition for medical malpractice.

The provisions of this legislation are included in the House version of the FY2020 National Defense Authorization Act (NDAA-H.R.2500). Members are urged to contact their Senators on this issue listed on the FRA Action Center in the campaign titled "Ask Senators to Support House NDAA Provisions."

VA Has New Deputy Secretary

The Senate recently confirmed James Byrne as Deputy Secretary, the second-highest post at the Department of Veterans Affairs (VA). Byrne, a former Marine infantry officer who previously served as VA's general counsel, was approved for the post by an 81-11 vote. His nomination has been pending since April, but he has been serving in the post as acting deputy secretary since August 2018.

Earlier, speaking on behalf of the nomination, Senate Veterans' Affairs Committee (SVAC) Ranking Member Jon Tester, (Mont.) acknowledged that Byrne "has ruffled feathers among some here" in his dealings with some lawmakers on implementation of the VA Mission Act and other department priorities. But said he still supported the acting deputy for the permanent job.

SVAC Chairman Senator Johnny Isakson (Ga.) praised Byrne and said we need to make his position permanent



CR Passage Pending

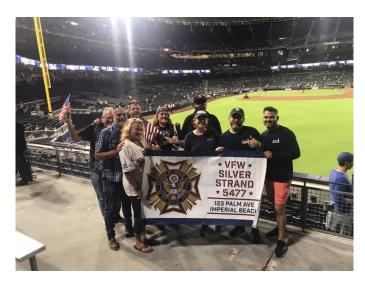
The House passed a Continuing Resolution (CR-H.R.4378) based on an agreement between the White House, Senate and House of Representatives that will keep the federal government open after Oct. 1, 2019, the beginning of the new fiscal year. The CR will keep the government operating at the current spending levels until Nov. 21, 2019. The CR still needs to pass the Senate and be signed into law by the President before Oct. 1, 2019. The bill will now go onto the Senate for consideration.

Court Tells VA to Pay for Emergency Care

The U.S. Court of Appeals for Veterans Claims recently ruled Wolfie v Wilkie that federal law requires the Department of Veterans Affairs (VA) to pay for veteran's emergency room expenses if they are not covered by private insurance. The ruling resulted in part from a reimbursement sought by Coast Guard veteran Amanda Wolfe, who had a bout of appendicitis and sought care at a nearby civilian hospital because the nearest VA hospital was three hours away. She filed a claim for \$2,558.54 of the \$22,348.25 bill, representing the amount not covered by her employer-sponsored health insurance. The VA denied the claim, saying that amount was for copayments, coinsurance, and deductibles that it was not required to pay.

The court decision overturns the VA denial and requires the agency to reimburse veterans for out-of-pocket emergency medical bills not covered by private insurance, other than copayments. Because the case was ruled a class action, the National Veterans Legal Services Program, which helped represent plaintiffs, said any affected veteran must be reimbursed. It said based on the VA's past estimates, the decision could cost the department \$1.8 billion to \$6.5 billion in reimbursements for service-connected claims filed or pending for hundreds of thousands of veterans from 2016 through 2025. "The court's decision rights a terrible injustice and its order ensure that veterans who were unjustly denied reimbursement for critical emergency treatment at non-VA facilities will finally be reimbursed," said NVLSP Executive Director Bart Stichman.

LOCAL & REGIONAL EVENTS



Above, Post 5477 members have fun attending a Padres Baseball Game, while on the right, their Senior Vice shows off his new Chief Petty Officer uniform. CONGRATS CHIEF Houde!



Post 3783, Ramona

Honoring Post namesake PFC Archie G Mc Arthur 75 years still remembered, still honored

Commander Alexis Henshaw Post 3783, D1 SVC Paula Jansen, D1 Commander Myles Fry at the Ramona stock fundraiser





LOCAL & REGIONAL EVENTS

Meanwhile, back at the ranch...... Ahhh... I mean at Post 5867...



Commander Paula Jansen got a rope on Herford T. Bone as he traveled from the Lakeside Historical Society to his new home at the Lakeside Museum.

T-Bone... Herford... - Get it?



PDC Doug Carrington providing history during Post 5867 POW/MIA Ceremony





Post 5867 Lakeside Aux held a bake sale at Barona gas station to raise funds for programs, PDP and 5867 Past President Nancy Nowka stopped by along with the Miss Buddy Poppy girls helping out with the sale.

LOCAL & REGIONAL EVENTS





Above: PDC Steven Williams, Comrade Miranda

Williams and Lexi all got haircuts

Above Right: District 1 SVC Paula Jansen

stopped by for a trim



Post 5867 POW/MIA Luminary Ceremony, attended by Comrades, Auxiliary and Post youth





For our Chili Cookoff, Kyla (head down) didn't want to be in the picture, and our efforts to get her to look up started us all laughing. D1 JVP Maria Gapasin-Jimenez, D1 Chaplain Sheila Jo-Snyder, Comrade Ashlie Fry, D1 Commander Myles Fry and SVC Paula Jansen all really enjoyed the Chili Cook-

off!



Post 9327 Commander Jose and a Sportclips Rep.



LOCAL & REGIONAL EVENTS

And at the MCAS Miramar Air Show...

Miramar Airshow: D1 JVC Bob Parks & Fred Decarlo from Post 7907 handing out planes to possible future aviators.



D1 SVC Paula
Jansen & JVC Bob
Parks at the Sports
Clips Booth during
the Miramar Airshow



Steel was from the 43rd floor, south tower of World Trade Center, thank you Post 7907 for arranging this display with our VFW booth at the Miramar air show



Post 9327 Commander Jose Marrero or P-Rico as we know him by, has a very successful blood drive.







LOCAL & REGIONAL EVENTS



Left: President Grace Leyva & D1 Commander Myles Fry at District POW/MIA Ceremony

Right: Depart Commander Mike Kuznik, D1 Commander Myles Fry & Post Commander Paula Jansen





President Grace Leyva and SVP Rachel Luke placing flowers during 9/11 ceremony.



Department Dog Remus relaxing on his visit to D1 School of Instruction



Pop Quiz Answers

1-False; read Section 219 in the Manual of Procedure

2-Yes; read Section 713 in the National Bylaws

3-2/3; 2; **218**

4- The VFW no longer uses "Demeter's Manual of Parliamentary Law and Procedure", so if you still have a copy, please recycle it. We now use **"Robert's Rules of Order"** as our reference. Reference page 474, lines 3-7. The answer if *Either*.

For further information, refer to the Manual of Procedure Article X- Rules of Order **Section 1001**

LOCAL & REGIONAL EVENTS





Post 3787 Auxiliary member Sara Jeyes is sewing heart pillows for patients who have had heart surgery.



Commander Kuznik receiving his District 1 polo shirt



Post 7420 Commander Emilio Cervantes and Auxiliary
President Veronica Aguilera at their Post POW/MIA Ceremony











LOCAL & REGIONAL EVENTS

The hometown newspaper of Escondido, California Sunday, September 29, 2019

VFW Post 1513 Riders help out a retired Marine

admin | on September 26, 2019











On September 14, Veterans of Foreign Wars (VFW) Post 1513 Riders visited Marine Vietnam veteran Chris Marszalek (known far and wide as "Chris the Woodcutter") at his home on Palomar Mountain. There, they cleaned up much of his yard and cleared his driveway to allow stair-free access to his home. VFW Post 1513 Surgeon Gina Burke cleaned Marszalek's kitchen and provided lunch for the crew.

VFW Post 1513 includes members from Escondido and Valley Center.

Those who participated included Dave Plotkin, Jim Botts, Gary Nordby, Jerry Shirley, Dan Geisler, Jacob Loutsenhizer, Gina Burke, Neil Collins, Bill Stintsman, and President Mike Frank.





VFW Riders Post 1513 getting ready to head home after a productive morning.
(L-R) Gary Nordby, Dan Geisler, Jim Botts, Dave Plotkin, Tony Maffini, and MikeVFW Riders Post 1513 heading out to Chris Marszalek's home. Frank. Not pictured: Neil Collins







VFW Riders Post 1513 clearing a driveway as Chris Marszalek's (in overalls) supervises.

UPCOMING EVENTS





United Veterans Council of San Diego County Meeting The Veterans Museum Balboa Park 2115 Park Blvd, San Diego CA 92101 9:30 – 11:30

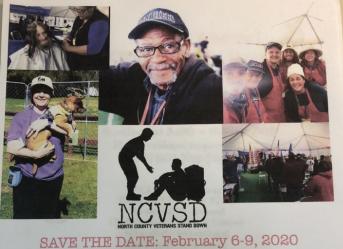
Dates: OCT 26 NOV 23 DEC 28 Memorial Service at 1130-1200

All Veterans & Families, and everyone supporting Veterans interests and issues are urged to attend

UPCOMING EVENTS







Please help us help our veterans! Cash, Clothing, Time, or Talent; we appreciate it all. ncstanddown.org



October 27th

Walk to Fight Suicide





Liberty Station 8 am to noon

VFW Post 5867 Team

Please contact Bart Gillard if you are interested in joining the team.

619-933-2676

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Annual Deep Pit BBQ at Alpine VFW Bert Fuller Post 9578 844 Tavern Road, Alpine CA.

OPEN TO THE PUBLIC

October 12th, 2019 Starts 1:00 PM

Deep Pit BBQ Beef, Pork, Turkey and sides!



Live Music by Rosetta Stone 2-6PM

Raffles, Auctions, Prizes and More!

\$15 Ticket sale before event, or \$20 at the door (Tax Deductible) Please bring your favorite dessert!

Children 6 and Under Free
Tickets available at the Post - or Call 619-445-6040
Proceeds go to Veterans Organizations





\$15.00 a plate
Active Military FREE w/ID

Saturday October 5th, 2019

Opens @ Noon - Food & Music @ 1 pm

Live Music - Games Silent Auction - Raffle Bake Sale

Horseshoe Tournament

Lt. John W. Finn VFW Post 2080 301 Sheridan Road Campo, CA 91906









PAST DISTRICT PRESIDENT'S
LEADERSHIP PROGRAM AND
MENTORING TRAINING
OCTOBER 13, 2019 AT ENCANTO
1512 @ 12:00 PM
LIGHT LUNCH WILL BE SERVED







VETERANS

* Day *