

VFW 1st District of California



DISPATCH



@vfwmighty1st



AWS2 Dane Floyd, HSC3, a member of Post 5867, is shown above as his helicopter brings water to dump on the fires aboard the USS Bonhomme Richard.

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District 1 Commander Paula Jansen

Greetings Comrades and
Auxiliary,

What is our Mission? Why does
the VFW exist?

Across America, the initials **VFW** are a familiar sight and symbolize a commitment to the nation both at home and abroad. **Our Mission:** To foster camaraderie among United States veterans of overseas conflicts. To serve our veterans, the military and our communities. To advocate on behalf of all veterans. The **purpose of the VFW** is to speed rehabilitation of the nation's disabled and needy veterans, assist veterans' widows and orphans and the dependents of needy or disabled veterans, and promote Americanism by means of education in patriotism and by constructive service to local communities.

How are the Posts fulfilling this every day? Let us start with the most recent disaster in our community the fire onboard the USS Bonhomme Richard. Many sailors lost everything, as they had just moved back onboard as the ship was at the end of a rework period. We set up a temporary donation point at Post 1512. They collected cases of water, snacks, cash donations along with other items. Post 5867 put out a donation can at our meals for the Navy Marine Corps Relief Society we also collected snacks and sunscreen for the firefighters. We had members like PDC Myles Fry who was helping deliver firefighting equipment to the pier. We had members who were helping fight the fire, delivering supplies and donations, we have at least one member from 3783 who is stationed onboard, and I am sure many more members who have contributed in some way I do not know about. Thank you to all who donated and stepped up, the **MIGHTY 1st** does it again.

(Continued on page 3)

District 1 President Rachel Luke

Brothers and Sisters,

Our year is underway and we have held our first school of instruction with great success by using technology. I am currently on a couple weeks of rest and relaxation in Pennsylvania and will be home before this article prints.

As California reverts back to tougher social distancing restrictions, I encourage all Auxiliaries to start using technology to hold your meetings. We have been successful, Department and National have been successful and held their elections. We will be discussing electing our open positions at our next District meeting no matter what format that ends up being in, in the very near future.

Those Auxiliaries that have not tried using ZOOM or TEAMS or any other online conference programs, I strongly encourage you to reach out to myself or the district line officers and we will get you the assistance you need to get up and running to hold your meetings virtually.

In person meetings can still be held if your Post has outdoor facilities that meet the State's requirements. But those Posts may be using them to help support their financial needs by operating their canteen on their patios.

I have already sent the letters out to the Auxiliaries that have August inspections, both in your Auxiliary packets and by mail. Please be ready for your inspection to make sure we can keep to the time allotted for your inspection and meeting.

We have a lot of work to do and we are just getting started. Please let me know of any assistance you need to help your Auxiliary be successful in these trying times.

Respectfully,

Rachel Luke, District 1 President
Eagles are the Pure Spirit of our Veterans



(Continued from page 2)

We should be working our programs like Buddy Poppy that helps raise money for our relief funds. I am sure many post have poppies. Get out and do a booth this could provide the cushion you need to keep your post functioning during these times. Ramona Post 3783 made \$12,000 in one weekend. - - Yes one weekend. So get out and distribute those poppies.

How many times have you referred someone to your post service officer? Although your service officer or the District service officer does not discuss or publish what they have done, it is the most important function of the VFW. Our VSOs at the mission valley office are some of the busiest people I know. The claims never stop coming... the phone does not stop ringing. The job they are doing directly effects the Veterans lives/livelihood. How is the VFW VSO office funded and supported you might ask? Well it is funded through the Post/District/Department. I ask that you think about that when it is time to vote out the funds to Dept. Maybe you can do a special meal for that purpose and put it out to your members to come support this cause. In this issue you will find a list called the reporting system flowchart, it gives a good breakdown of the types of activities we as VFW should be doing and reporting. One of the things I talk about when I visit post is how important reporting is. We need to report so our time and donations will be captured at the Department level, and then reported up to National. This reporting is how the VFW at all levels keeps its nonprofit status.

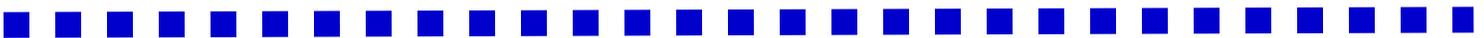
In these trying times, it's important to set up phone trees to check on one another. Members are our best assets, so lets take care of them.

Stay Healthy and Safe.

Paula Jansen

Commander, Mighty 1st District

Veterans – The Anchor of Our Nation



Editor's Note: Since the USS BonHomme Richard has been in the news lately, I thought you might be interested in our first Navy ship with that name.

The Frigate BonHomme Richard

In 1765, a 900-ton merchant vessel, DUC DE DURAS, was built in France for the East India Company. The ship was used for trading between France and the Orient. Ten years later, the ship would play a historic role in America's fight for independence.

As the Revolutionary War raged on in the Colonies, the newly founded Continental Congress began gathering a small navy. By cutting down the English war efforts in North America this became immediate success. Those successes prompted the Continental Congress to send Benjamin Franklin, as an Ambassador in 1777, to advise the French Court and garner more European support efforts for the American war. In 1779, the King of France donated to the American cause the DUC DE DURAS,

On February 4, 1779, the Continental Congress placed this fleet under the command of the Captain John Paul Jones. Swiftly, Jones refitted the DUC DE DURAS increasing her firepower to 20 guns a side, and renamed her BONHOMME RICHARD; in honor of both America and France. Captain John Paul Jones chose the Pen Name of Benjamin Franklin, the Ambassador to France, and author of "Poor Richard's Almanac." This early 18th century journal urged men to seek out roles in the public sphere and shape their own destinies. Clearly, his journal helped forge the will that resulted in the American Revolution

1

AUGUST 2020



STAY SAFE PRACTICE SOCIAL DISTANCING

SUN

MON

TUE

WED

THU

FRI

SAT



VETERANS OF FOREIGN WARS.

DISTRICT ONE

DEPARTMENT OF CA

2020-2021



2	3	4	5	6	7	8
1st District Meeting C.E. Swisher Post 1924 or ZOOM 10 AM	COMMANDERS READ ALL STATE PROGRAM 20-21	COMMANDERS READ ALL AMERICAN PROGRAM 20-21				1
9	10	11	12	13	14	15
Face Coverings Mandatory SD COUNTY			SCHOOL OF INSTRUCTION 6 PM LCDR Betcher Post 3788		REMEMBER TO PRACTICE SOCIAL DISTANCING STAY SAFE OBEY ALL ORDERS COVID-19	
16	17	18	19	20	21	22
				DISPATCH INPUT DUE		
23	24	25	26	27	28	29
SCHOOL OF INSTRUCTION 10 AM C.E. Swisher Post 1924						
30	31	SCHOOL OF INSTRUCTION: Commander, Quartermaster and Trustee required for ALL-STATE. 2019-2020 All-State District/ Posts District 1 1512 (All-American), 3783, 4630, 5477, 5867, 7041, 7766, 7907, 9327, & 11387				
	BONDING FOR 20-21 DUE AT DEPARTMENT					



I would like to start off by saying Thank You California for all the great work you did this year to each member, to auxiliary, to District to Department your all Awesome when it comes to assisting our Veterans and their families!

I want to also Thank all my Chairmen who worked very hard to focus on our Veterans & Their Families and all the work done for the State of California and myself. I am so Proud of Each of my Program Chairmen. You all did a Great Job. If you haven't heard the awards being announced at the National Website with links to the Awards for each Program. California did Fantastic! 2 first Place Winners for Outstanding Performance as a chairman and 2 runner-up's. Many personal awards to Auxiliaries and members. Congratulations to all chairmen. You went up against many States across the country. We were in very tough division. I would also like to Thank the Program Director Gloria Palmer for her guidance and direction for all the chairmen for helping the chairmen to be successful. Here are the winners:

For Outstanding Performance as a Department Chairman

1st place goes to Kelli Lee for Americanism for Outstanding Performance

1st Place goes to Dianna Rude Kulhanek for Mentoring for Leadership Outstanding Performance

Runner-up for Outstanding Performance as a Department Chairman

Sharonda Lewis for Membership-

Gaylene Ramos for Buddy Poppy & National Home

Individual awards from National-

(Buddy Poppy & National Home)

Gaylene Ramos 1st Place for promoting the National Home Military & Veterans Help Line

(Mentoring for Leadership)

Joyce Bilyeu 1st Place for fulfilling rolls of Leadership

Sheri Carrington 2nd Place for fulfilling rolls of Leadership

(Chief of Staff)

Mary Yingling for presenting to a Bachelor Post a presentation of the importance of having an Auxiliary

Mary Kreutz for presenting to a Bachelor Post a presentation of the importance of having an Auxiliary

(Hospital)

Kathie Okolski for promoting the most Hospital Volunteers

Congratulations to all! I'm so Proud of Everyone!

2019-2020 CA Department President Mary Ryser

REPORTS FROM DISTRICT OFFICERS & CHAIRPERSONS

Change Direction Chairman Report



District 1 Comrades,

Saturday, September 19 is this year's annual "A Day to Change Direction". If your Post has something planned, please email me the details by August 11 so I can include your event in the September edition of the District Dispatch. Also, if you are wondering what you can do for "A Day To Change Direction", especially during the COVID-19 pandemic, I encourage you to check out the resources here:

www.changedirection.org/day-to-change-direction/

Comrade Miranda Williams
District 1 Change Direction Chairman
miranda.v.williams@gmail.com
(619) 990-7945

Know the Five Signs of Emotional Suffering



Personality Changed?



Feeling Agitated?



Feeling Withdrawn?



Poor Self-Care?



Feeling Hopeless?

#ChangeDirection

ChangeDirection.org



© 2015 Give an Hour



REPORTS FROM DISTRICT OFFICERS & CHAIRPERSONS

“Auxiliary Community Outreach” *National’s new program for Auxiliaries 2020-2021*

Question: Is your intended volunteering activity eligible to be reported in this program?

Answer: If or do the activities fall outside the reportable bounds of VFW and VFW Auxiliary Programs, and benefit the community and/or its institutions at large.
(No compensation or money is involved.)

Viewing the Department Chairman’s program information will provide you many specific areas and ideas where to participate in volunteering: <https://vfwauxca.org/di/vfw/v2/default.asp?pid=79173>

Vote by meeting members to implement this new “Auxiliary Community Outreach” program. Vote that all members of the Auxiliary to be authorized to act as a representative of the Auxiliary when volunteering for (XYZ) activity.

Record each action separately in Secretary Minutes.

Please be sure to note in the first several reports that your... “Auxiliary voted and passed to implement a Community Outreach Program on (___ date) and that it was recorded in the Secretary’s Minutes; and that all members (or who) were approved to act as representatives when volunteering in (___name/s of community group and/or Institution, activity/activities, event/s) and that approval was recorded in the Secretary’s Minutes.”

*Because approvals need to be noted in order for activities to be reportable, and the Department Chairman needs to report how many Auxiliaries implemented this program.

Report then includes: (1) description of activity, for who, when... (2) number of Auxiliary volunteers... (3) number of hours they volunteered. Report only about ‘Auxiliary’ volunteers.

Still need Name of appointed chairman and contact information (or Auxiliary President will be point of contact and sent email when there is further info).

Other questions about your activity, email question and description to me.

Bea Brunner

BeAvolunteer@hotmail.com or phone (619) 466-2132.

Student Veteran and POW/MIA Report

This year’s POW/MIA Ceremony will be held on September 26, 2020 at 9am aboard the USS Midway Museum. It will be a joint Ceremony with the Department of California VFW as I am also POW/MIA State Chairman. If anyone is interested in participating in the event, please reach out to me so I can plan participation needs. The event at this time is limited to 50 persons, and it will also be live streamed by the Department.

With the COVID19 pandemic and schools not in session anyone knowing of a student veteran in need please reach out so I can look into getting them support. Also if anyone is participating in any Student Veteran activities please let me know if you need any support.

Al Hewitt

Student Veteran and POW/MIA Chairman

e-mail 14120nyal@gmail.com phone# 619-278-1228 (See flyer on Page 19)

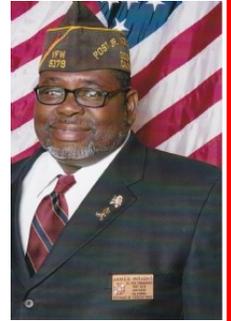


REPORTS FROM DISTRICT OFFICERS & CHAIRPERSONS

District Chaplain Report

Hello Comrades, brothers, and sisters:

First of all, I want to congratulate Chaplain Stuart Jacobs of VFW Post 3788 for his selection as District Chaplain of the Year for the Mighty First District for the 2019-2020 VFW Year. Chaplain Jacobs is the first ever recipient of this award at the district level which was created to feed candidates into the State Chaplain of the Year Award which supplies the candidate from the State of California that represents us as a candidate for the National Chaplain of the Year Award. I went to VFW Post 3788 last week to present the certificate that comes with the award to Chaplain Jacobs.



Secondly, this year Chaplain Jacobs won not only the first ever District 1 Chaplain of the Year Award, but he also won the CA State Chaplain of the Year Award. He became only the third person to receive the State Chaplain of the Year Award in California. The first two comrades to receive this high honor were Chaplain William Walker of VFW Post 10577 and District 5 Chaplain Larry Pratt. All of these Comrades are outstanding Chaplains and are well deserving of this recognition. I look forward to hearing wonderful things about all of our Chaplains who work hard every year in support of our veterans in the 2020-2021 VFW.

James Wright, District Chaplain

Auxiliary Chaplain Report

Hello Everyone:

This report covers June 20 – July 20, 2020

06/15/2020 - Get well wishes sent to Bea Brunner, Auxiliary 1512

07/06/2020- Get well card sent to our District 1 Auxiliary Conductress Le Anna Brown, Auxiliary 5867, scratched cornea, doing well.

07/11/2020- Get well card sent to Anita Hernandez, Auxiliary 11387

07/15/2020- Sympathy card sent to Julia Price, Auxiliary 2111, passing of her father.

07/17/2020- Get well card sent to PDP Reta Butler, Auxiliary 1512, illness.

07/17/2020- Get well card sent to PDP Tootsie Dougherty, Auxiliary 1512, illness.

If I can be of assistance, please contact me at 619-206-7828

Wishing you abundant Blessings of Love, Peace, Joy and Health.

Diana Kulhanek, District 1 Auxiliary Chaplain
dirude@yahoo.com



REPORTS FROM DISTRICT OFFICERS & CHAIRPERSONS

Women Veterans Chairman Report

District 1 Comrades,

I write this month's report to you with a heavy, but hopeful heart. At the end of July, the #IAmVanessaGuillen bill was introduced to Congress following the death of our sister in arms. Army Spc. Vanessa Guillen. As details of her horrific death made headlines and filled our social media feeds, we learned that Vanessa was bludgeoned to death at work by a fellow soldier. The heartbreaking news felt all too familiar for many Women Veterans who shared their own stories of harassment and assault while serving. By sharing #IAmVanessaGuillen and telling their own stories, many of our comrades opened up about harassment and assault in the military and begged our nation to listen and make changes. If passed, the #IAmVanessaGuillen bill will create an independent avenue for military personnel to report instances of sexual harassment and assault—something that many military women have requested for decades.

Each month I plan to highlight one Woman Veteran in our District Dispatch. This month we highlight a woman who many of you know and love. Some of you may be surprised to know she is a veteran. Whether you did or didn't know, I challenge all of you to start asking the women you meet, no matter their age or their VFW status, if they served in the military. Did you know that many women in our district served, but aren't VFW Comrades? Also, we have many women volunteers who are active duty, but have either not joined yet, or have not served in a unit where they are eligible to join the VFW. I encourage you to still thank them for their service and never assume a woman you meet is not a Veteran.

If you would like to keep current with Women Veteran news, feature stories and other content, I encourage you to follow our District 1 Women Veterans Facebook page:

www.facebook.com/VFWDistrict1SheServedToo

Comrade Miranda Williams
District 1 Women Veterans Chairman
miranda.v.williams@gmail.com
 (619) 990-7945



1STLT. SHERI CARRINGTON
 #SHESERVEDTOO

VFW DEPT of CA
 DISTRICT1

NO ONE DOES MORE FOR VETERANS.

Sheri Carrington is a native of San Diego who served in the Army National Guard for eight years as a medical service corps officer, rising to the rank of first lieutenant.

Carrington was the first in her family to join the military and was a trailblazer in other ways too. In 1978 she was the only woman to graduate from her officer candidate school class. Also, the job she chose was one that would put her near the front lines and in a position to help save lives. Carrington served as a clearing platoon leader of a M.A.S.H. unit with the 40th Medical Battalion Army National Guard. Her unit was a mobile army surgical unit performing triage and stabilizing the more seriously wounded for transportation to bigger hospitals or hospital ships.

She said her greatest privilege was being a leader for and serving with "some of the finest men and women" she ever encountered. She had the utmost confidence in the men and women she served alongside and was honored to be part of a team treating many men and women, some of whom were in very bad condition. She said she left the Army a more skilled leader with the best medical training she ever encountered.

Carrington is "extremely proud to have worn the uniform of the U.S. Army" and hopes that others will understand that women who serve are strong, intelligent and an asset to our military.



www.facebook.com/VFWDistrict1SheServedToo

REPORTS FROM DISTRICT OFFICERS & CHAIRPERSONS

Veterans Affairs Voluntary Service (VAVS) Report

VA San Diego Healthcare System located at La Jolla Village Dr. The status of the Volunteer Program continues to be on a hold at this time. Monetary donations, face masks and \$5.00 coupon books for the VA Christmas backpack project are being accepted.

VA Virtual Summer Youth Program is having another "Needs Drive" for our Homeless Veterans. The drive through donation will be held on Saturday, August 8, 2020 @VFW Post 1512 Encanto, between 8am & 2:00pm.

New Items: Adult male underwear med. & Lrg. – Adult sweatpants med., Lrg, & X-Lrg.

Used Items: Adult coats (all sizes), Shoes Men's 8 ½ -12, reusable mesh bags.

Please bring all items in a sealed plastic bag (trash bag).

I recently received an e-mail from PDP Mary Ryser informing us of a need for Masks at Loma Linda, VA. If anyone can sew some masks, please contact either Mary Ryser or Veronalynn "Iggy" Ignacio, Program Support Assistant @ (909) 825-7084 Ext 6011

Thank you for your continued Veterans Support.

Regards,

Liz Pedregon, 1512

District 1 VFW Auxiliary VAVS Representative

epedregon619@gmail.com

Calvet Webinar?

Are you interested in a webinar event for veterans and dependents about Calvet fee waiver? Or how to apply for Grossmont College? Or what other help we provide to our Veteran students and their dependents? It is an invitation for anyone who would like to learn about the benefits we have as California Residents.

We will keep you posted.

Thank you,
Katherine Veizaga, Grossmont College
Program Specialist Veterans Resource Center (VRC)
8800 Grossmont College Drive
El Cajon, CA 92020
Katherine.veizaga@gcccd.edu
619-644-2237

Last Minute Note...

The spots will fill up fast for the POW/MIA Ceremony onboard Midway. Please contact Al Hewitt for reservations ASAP if you would like to attend.

Paula

D1 Commander

REPORTS FROM DISTRICT OFFICERS & CHAIRPERSONS

Veterans and Family Support Report

Comrades, Brothers, Sisters:
Happy August! Hope all are well.

An important part of the Veterans and Family Support program is the VFW's National Veterans Service (NVS). NVS helps Veterans, Service Members and their families obtain their deserving benefits. NVS provides VFW Service Officers to help Veterans navigate the Veterans Affairs system.

Auxiliaries are able to support the VFW Service Officers through our annual quota to the Service Officer Fund. Please be mindful of the talented, highly skilled professionals there to assist OUR Veterans when making your Auxiliary's contribution. All contributions, large and small, can be sent directly to the National VFW Headquarters.

Stay safe!

Regards, Jan Illig Smith
Veterans and Family Support Chair



VFW NATIONAL HOME FOR CHILDREN
Every child deserves a happy family.

How to Support the National Home During These Trying Times

All,

In light of new uncertainty, our organization continues to serve the most vulnerable in our country, and your help is needed now more than ever. There are multiple ways to support the VFW National Home for Children, and we want to help you figure out the way that works best for you.

[Give a cash gift:](#) Your gift will get put to immediate use to help the military and veteran families living at the National Home.

[Amazon Smile:](#) Almost all use this. If you are shopping from home this week, please consider adding the National Home as an Amazon Smile partner. It costs nothing to you and is an ongoing help to our organization!

[Join the many people who have included us in their legal will!](#) You can support the VFW National Home for Children forever without paying a cent today using our free will-writing tool. It is an easy way to protect the people and causes you care about the most, and help the military and veteran families living here for many years to come.

Thank you for doing what you can!

Yours-in-comradeship

Jerry P. Koehmlein
1st District Adjutant/Quartermaster
Dept/Dist National Home Chair.



REPORTS FROM DISTRICT OFFICERS & CHAIRPERSONS



Youth Activities Report

It is our responsibility as an Auxiliary to teach our youth that they are the future voice of our Veterans. Sponsor our youth, involve them in our programs, be supportive with youth groups and recognize them for their support of our Veterans. One way to do this is to award them with citations for their efforts and service projects that honor our

Veterans and in assisting service members and their families.

You can apply for a "Youth Groups Supporting Our Veterans National Citation" given out by National Headquarters. There is also a Patriotic Youth Award Certificate that recognizes youth for patriotism and or support of our Veterans. Visit www.vfwauxiliary.org for details.

Remember that involving Youth in service to our Veterans, is one of our main goals of our Youth Activities Program. I look forward to reading your reports!

Diana Kulhanek

Youth Activities Chairman

dirude@yahoo.com 619-206-7828



Legislative Report

Are you an informed veterans' advocate? Simple steps you can take to understand legislative issues and make a difference on Capitol Hill include:

- Signing up for VFW Action Corps Weekly.
- Reading and understanding the VFW Priority Goals.
- Contacting your legislators about issues impacting veterans and their families.
- Voting in every local, state and national election you are able.

Take these steps and learn more here: <https://vfwauxiliary.org/what-we-do/legislative/>

Yours in service,

Diana Kulhanek

Legislative Chair, dirude@yahoo.com

Americanism Report

National Purple Heart Day is August 7! How is your VFW Post family planning on honoring Veterans that were wounded or killed in action and have received a Purple Heart for their service? Send in a report and let us know what you did!

With teachers perhaps teaching from home this year they may not have access to their classroom flag. Consider reaching out to the teachers in your life or your local school and ensure that flag education can continue even while everyone is staying home. This could be in a non-traditional format such as displaying a picture or video of the flag during the morning Pledge of Allegiance on the video conference screen. Maybe students can take turns picking the American flag image of the day or showing off their own flag at home.

Sara Jeyes, Americanism

REPORTS FROM DISTRICT OFFICERS & CHAIRPERSONS

Junior Vice Commander Report

Comrades,

I want to start by saying thanks to each of you for the commitment and dedication for your continued service to our country, our veterans and the Veterans of Foreign Wars. As I begin my journey serving as a District Officer, I reflect on all of the selfless and humble comrades that I have had the pleasure of meeting and serving with. I will take this great opportunity to pay it forward, give back and never leave a veteran behind. I look forward to serving alongside each of you for as long as I am called upon, and throughout the near future being able to visit and meet as many comrades as possible.

**John Lewis
Jr Vice, District 1
714-887-6702**



Chief of Staff Report

Comrades,

Even during this difficult on-again off-again COVID19 dictates from our government please consider the following:

The VFW is a Congressionally Chartered Veterans Service Organization (VSO). Our primary reasons we exist are stated at each of our meetings for all members present. Please reference the recitation of **Section 230102** of the Congressional Charter.

With that said, some Posts have a canteen. As I am sure you have heard many times: "The VFW is **NOT** in the bar business"! There are no directions or guidance given in our **Bylaws and Manual of Procedure** because, again, we are not in the bar business. The means of control and oversight is through your House Committee. Your House Committee (HC) should have its own set of Standard Operating Procedures (SOP). So (1) do you have a HC? (2) does your Post have an HC SOP? And (3) how do you know how to create or update an SOP since this is no information from our Parent Organization? What do you do? There are many Posts in District 1 that have excellent current SOP's, such as 2111 Chula Vista and 5867 Lakeside to name only two. I am confident that you could contact their respective HC Chairman to get an emailed copy. Use the new District Roster for contact information. That way your committee could create/revise/update your SOP. There is much to consider which I will not discuss here. You will learn more at the upcoming District School(s) of Instruction (SOI) which members should attend. Should there be any questions about this information, please consult with myself or your District Chain of Command.

Yours in Comradeship,

**PDC Douglas Carrington
District 1 Chief of Staff, 2019-2020
slainte1861@att.net**



Adjutant/Quartermaster Report

I hope all are staying safe and social distancing. Do not forget to wear those Face Masks. All need to abide by SAN DIEGO COUNTY ORDER OF THE HEALTH OFFICER AND EMERGENCY REGULATIONS during this COVID 19. Another VFW year has ended. I want to congratulate all Post Quartermasters for a job well done for 2019-2020. The following Post Quartermasters had a huge hand in their Posts achieving ALL-STATE. Posts 1512 (All American), 3783, 4630, 5477, 5867, 7041, 7766, 7907, 9327, 11387. The 2020-2021 Year has started. Post Quartermasters, please ensure to complete the forms for your Post bonds (QM and Canteen) and have them submitted to Department on or before August 31, 2020, with the required payment. Forms and the cost are on the Department website <https://vfwca.org/>, if you happen to misplace the ones I sent out. When reading this, if your Post 4th Quarter Quarterly Audit has not been submitted yet; then it probably will be late. Posts that need to use the Relief Fund to make ends meet, ensure the Post votes to allow it, is entered in the minutes, and so forth. Please follow the proper guidance that National has put out.

Jerry P. Koehmlein

DISTRICT ONE ADJUTANT/QUARTERMASTER, STATE/DISTRICT NATIONAL HOME CHAIRMAN



REPORTS FROM DISTRICT OFFICERS & CHAIRPERSONS



VFW NATIONAL HOME FOR CHILDREN
Every child deserves a happy family.



Fundraising Ideas

Looking for some fun and creative ways to get your whole organization involved with helping out the VFW National Home for Children? Read on and get the ideas flowing!

0.1K Run

A fun race that everyone can finish! Run or walk one tenth of a kilometer or: 328 feet, 750 hotdogs end to end, 100 meters, 355 cute furry kittens nose to tail, about six laps around a pick-up truck, 10,000 centimeters...you get the idea. VFW Post 805 in Illinois was the first to do this as a fundraiser.

Cut for the Kids

Does someone have a ponytail they are willing to part with? How much money is that hair worth? Set a goal and collect donations with a guarantee from the long-haired member that they will get a hair-cut when the goal is reached.

Swear Box

Clean up the language of your comrades and sisters while making a difference for the National Home. Put a "swear box" on your bar, or have it available during meetings. When someone utters a cuss word, it will cost them!

Gold Party

Everyone has seen the commercials about selling unused gold jewelry and other items. Have a gold party to collect all the gold stuff you can, and then turn it into cash at a local place or via mail. Send the proceeds to the National Home!

Wacky Lawn Job

This fundraiser is commonly done with pink lawn flamingos or flower pinwheels. Scatter many of these objects throughout the front lawn of various members' homes. Charge a \$5.00 donation for simply removing the flowers, \$10.00 to remove and select someone to send them to next, and \$15.00 to remove, resend, and find out who sent them to you. After you have gotten started, begin selling "insurance" from the trick for \$20.00!

CAN You Do It?

Raise money and do a good thing for the environment. Let your community know they can drop off their refundable bottles and cans at your Post or another central location. Your group will handle the sorting and keep the refunds. A nickel or dime may not seem like much, but all that plastic, glass and aluminum will add up quickly! To raise more money and awareness, you can go door to door collecting refundables and leaving behind information about the National Home!

Sherri Carrington

Auxiliary National Home Chairman

REPORTS FROM DISTRICT OFFICERS & CHAIRPERSONS

Webmaster Report

Hi Everyone,

For you number people out there; our [Website](#) had 29 users last week, [Facebook](#) has 502 followers, [Instagram](#) has 171 followers, [Twitter](#) has 32 followers. These are all *up to date* resources that can be used to find out what is going on around our amazing district.

Many of our meetings have been moved to video/teleconferences. A few hints to help everyone with these types of meetings. Check your microphone, speakers/headset, and video before the meeting starts. Have any files that you will be showing via share screen open and ready to be shared. Know what is going on in your background; do the neighbors dogs bark? Could you remedy the noise by shutting a window or door. Is your ceiling fan on? Adjust your camera angle so the fan is not in the video. Also check your lighting to ensure you look good during the video. Remind other household members that you'll be in a video meeting. Please continue to email me your special event flyers and monthly calendars so that we can help you get the word out about your post/auxiliary events on our website and social media.

Sara Jeyes

webmaster@vfwcadist1.org

Treasurer's Report

Hello Sisters & Brothers!

I hope everyone is well. We need you to stay healthy because when we finally open our posts again, we need every auxiliary doing their best to support our President Rachel in her goals for the year 2020-2021.

I have a few reminders for all treasurers.

Bonds for the new fiscal year for both the President and Treasurer are due no later than August 15th.

The 990N and the 199N are to be filed in July or August as soon as the audit for the period ending June 30th has been completed. This will greatly assist the Auxiliary in meeting its filing obligations in a timely manner. Remember, copies of filings are to be sent to the Department office.

Based on the June 30th membership, annual District Dues are fifty cents per member per auxiliary. Dues should be remitted to the District Treasurer by September 30, 2020.

With the right tool, we can make your experience as treasurer easy-peasy. Call me with questions or concerns.

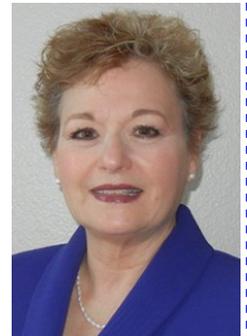
"Eagles are the Pure Spirit of our Veterans"

Best Regards,

Ellie Mello/District Treasurer

Ellie@EllieMello.com

619-993-3641



REPORTS FROM DISTRICT OFFICERS & CHAIRPERSONS



What is the VFW?



Most people think it's a smokey bar room filled with older vets who want no intrusion or have any place for the younger generation.

Nothing could be further from the truth. The Canteen is open to Veterans of all ages! But beyond this, the true VFW offers so much more. Just a quick overview of the various Programs and features offered.

- Voice of Democracy Scholarship Contest for any student grades 9-12
- Patriots Pen Scholarship Contest for any student grades 6-8.
- VFW Scout of the Year Program for girls and boys.
- Public Servant National Awards (Law Enforcement, Firefighter, Emergency Services) for our first responders.
- Health Care awards and Scholarships.
- Smart/Maher VFW National Citizenship Education Teacher Award.
- Life Saving Awards.
- Veteran assistance through UnMet Needs Program.
- Citizen and Youth Education
- Community Support
- Recognition of the various Veteran Holidays
- Post and Department Service Officers to assist Veterans of all ages and their families with VA Claims.
- Buddy Poppy Relief Fund.
- Military Transition and Job Placement Assistance.
- Troop Support
- Support for Student Veterans of America
- Programs targeting PTSD, Suicide Prevent and ending Veteran Homelessness.
- Strong Legislative Support for bills concerning Veterans and their families
- Camaraderie with others who have been there, done that ... got the medal!

In short, the VFW is all about: Our Veterans, Our Military, Their Families and Our Communities!

Join today to assist in these worthy programs!

For more information about all the other ways the VFW can help you,
please contact your local VFW post or call 1-833-VFW-VETS.

Thank you for your service!

GOD BLESS AMERICA!

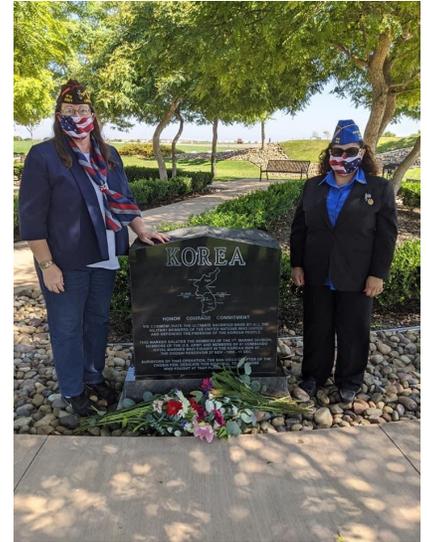


VFW, Department of California

Reporting System Flowchart

- Veterans Assistance
 - ◆ Adopt-a-Unit/MAP activities
 - ◆ National Home
 - ◆ Unmet Needs/Relief
 - ◆ VFW Mental Wellness
 - ◆ Sports Clips Help a Hero Scholarship submission
 - ◆ Military & Veterans Support (Women Vet, Homeless)
 - ◆ Claims & Benefits assistance
 - ◆ Other
- Legislative Advocacy
 - ◆ State
 - ◆ National
 - ◆ Other
- Community Service
 - ◆ Citizenship/Americanism
 - ◆ Honor Guard
 - ◆ Flag Etiquette
 - ◆ POW/MIA
 - ◆ VA Volunteer services (hospital/clinic)
 - ◆ Buddy Poppy Drive
 - ◆ Membership Drive at a Community Event
 - ◆ Public Servant Recognition (LE/FF/EMT)
 - ◆ Teacher of the Year
 - ◆ Disaster Relief
 - ◆ Stand Down Participation
 - ◆ Safety Recognition
 - ◆ Other
- Youth Development
 - ◆ Voice of Democracy
 - ◆ Patriot's Pen
 - ◆ Scouting
 - ◆ JROTC
 - ◆ Student Scholarships
 - ◆ Other

RECENT EVENTS



District 1 Commander, President and Line Officers visit the Miramar Cemetery Korean War Memorial to honor and remember some lost but never forgotten friends.



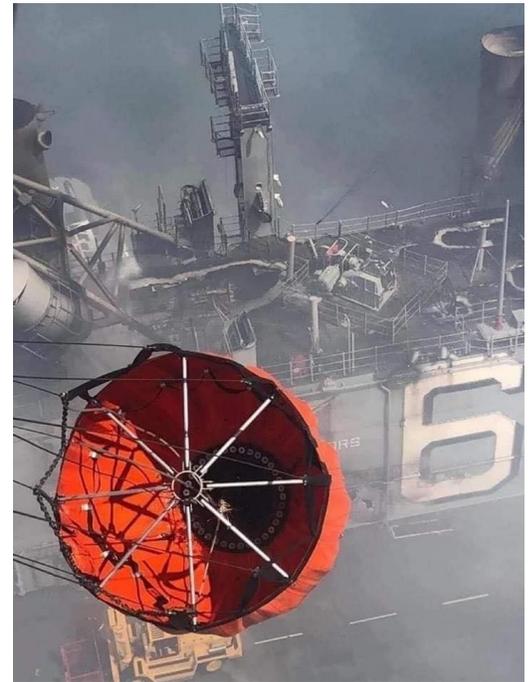
Post 1513 members Ken and Joe clean the Wall of Courage



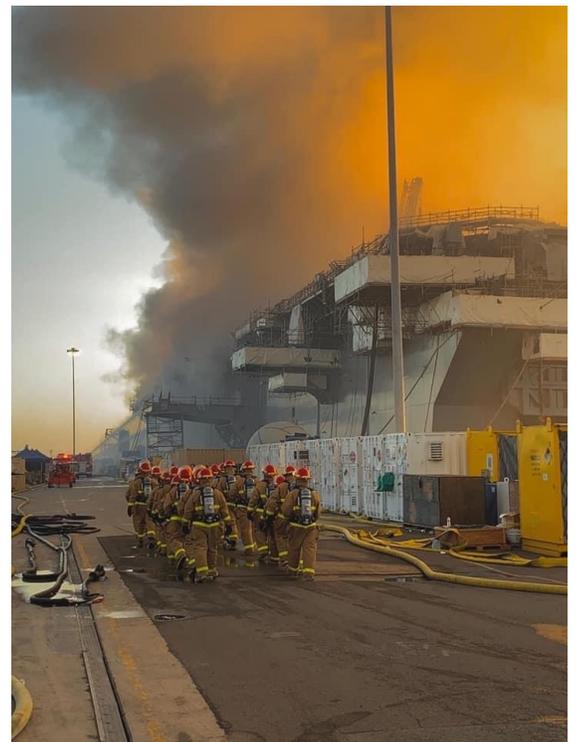
RECENT EVENTS



On the left, notice the stream of water coming down from the helicopter as it dumps its huge bucket of water on the fire aboard the USS Bonhomme Richard. To the right, you see the view from the helicopter crewman's eyes as he closes and raises the water bucket and moves away to collect more water.



Photos below and to the right give the viewer an appreciation for how extensive the USS Bonhomme Richard fire was. Notice that all of the firefighters on the right are wearing oxygen bottles due to the certainty that the fire is producing dangerous and toxic fumes.



RECENT EVENTS



The fires on the USS Bonhomme Richard were still raging as VFW Posts in the area mobilized to collect and distribute items to help both the first responders and the crew.



UPCOMING EVENTS

2020 Veteran Home *VIRTUAL* Walk

Saturday / November 7 (9 a.m.)

Dear Veterans, Auxiliaries, Friends, Corporate Sponsors:

In order to keep us all safer this year, the **Chula Vista Veteran Home** asks that we all get together in a *different* way to honor our 300 veteran residents who live there.

Your loyal participation and donations over the past 18 years has always shown the respect and appreciation for what these great veterans have done for our country.

In so keeping, this year we encourage Posts, families and businesses to organize your own ***Vet Walk/ November 7***, which honors them. Please take videos/pictures of your special Walk and send them to vfw-post2111.org, so we can then show them all on our web-site for you to enjoy.

Donations are welcome, since they directly benefit the yearly ***Veteran's Home Christmas Dinner***, which will be a safe, more limited event this year. All donor names, Posts, families and organizations will be recognized, unless anonymity is requested.

Please wear any *past year's Vet Walk T-shirt you have*, or Post, or patriotic shirt for the *Walk*, since the logistics and safety of handling new T's would be difficult, plus the cost of them is deducted, which lessens total donations.

Also, we can team together by sending VFW Post 2111 your Walk plan - which will then be seen in the Bugle newsletter, for August, Sept., and October. (Send your event details by the 25th, for the next month's issue.) You can send donation checks, made out to "VFW Post 2111", at 299 I St. Chula Vista, CA. 91910. Please print "2020 Vet Walk", in the *memo section* + on the envelope.

We wish to sincerely "**Thank you!**"- during these historic times - for always remembering **their** selfless history. (WW II, Korea, Vietnam, GWOT = age 80 average)

"Do what you can with what you have where you are."

President Theodore Roosevelt

Hank Schanstra Cell (916) 221-2709 vfwpost2111.org
VFW Vet Walk Committee Chair / Veteran Home Staff
hls66@att.net hendrik.schanstra@calvet.ca.gov

UPCOMING EVENTS

VFW
NO ONE CARES MORE FOR VETERANS.
California

SEPTEMBER 26 / 9 AM

**DEPARTMENT OF CALIFORNIA
POW/MIA CEREMONY
ONBOARD
USS MIDWAY MUSEUM
SAN DIEGO CALIFORNIA**



Please join us as we honor these Patriots for their unwavering and unrelenting spirit

"In every generation, members of our Armed Forces have answered the call of service in our nation's hour of need."
PRESIDENT GEORGE W. BUSH

Visit www.vfwca.org for more information.

910 N. Harbor Drive, San Diego, CA 92101

Virtual Summer Youth Program Needs Drive

Through the VA, we aim to provide clothing for homeless veterans.



ITEMS NEEDED...

NEW ITEMS:

- ADULT MALE UNDERWEAR SIZES MEDIUM AND LARGE
- ADULT SWEATPANTS SIZES MEDIUM, LARGE, AND X-LARGE

USED ITEMS:

- ADULT COATS ALL SIZES
- SHOES MEN'S 8 1/2-12
- REUSABLE MESH BAGS



SPEND A SUMMER DAY SUPPORTING THE VA!

AT...
**VFW Post 1512 6867 Federal Blvd
Lemon Grove CA 91945
on July 11th & August 8th, 2020**



How to Donate:
PLEASE BRING ALL ITEMS IN A SEALED PLASTIC BAG!



If you have any questions, feel free to contact Demecio.Valdez@va.gov or Marina.Vargaseva.gov.
We hope to see you there!

TX POKER

\$40.00 DONATION

CONTACT SIX-SEVEN / jchanna51@gmail.com
vfwmotorcycleclub.org

OCTOBER 24, 2020
6:00 PM

SPA GHETTI DINNER & RAFFLE PRIZES



VFW LAKESIDE POST 5867
12650 Lindo Ln, Lakeside, CA 92040

HEY, JUST BECAUSE IT IS COVID-19...

Doesn't mean that you can forget about our Chili Cook-Off coming this September!

TAKE THIS TIME NOW!

Spruce up those old recipes that you have had lying around...
The clock is ticking...




VETERANS OF FOREIGN WARS
POST 9327 - SANTEE, CALIFORNIA EST. 1963
619-562-4022

Post 9327, Santee

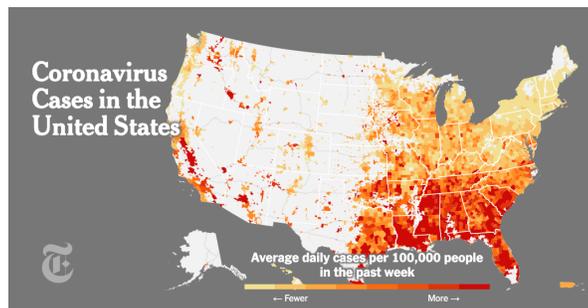
MILITARY NEWS

2,000 VA Patients Have Now Died from the Coronavirus

By NIKKI WENTLING | STARS AND STRIPES Published: July 28, 2020

WASHINGTON – The Department of Veterans Affairs hit a bleak milestone Tuesday when it reported the coronavirus has killed more than 2,000 of its patients. The VA reported there were 2,041 deaths nationwide – all of them occurring since March 14, when the agency announced its first coronavirus-related death. Forty-two employees have also died.

After a gradual decline of cases and deaths across the VA health care system in May, the summer months have seen an increase in both. The death toll had reached 1,000 on May 18. Since July 7 – three weeks ago – deaths increased 19%, and they grew 34% since mid-June. The jump in active cases has been more drastic as the virus surged in states such as Florida, Texas and South Carolina in June and July. The department reported more than 5,600 active cases as of Tuesday, up from fewer than 1,000 at the start of June. The number of active cases includes 5,129 veterans and 417 VA employees, according to available public data.



A Farewell to Armor: Marine Corps Shuts Down Tank Units, Hauls Away MIA1s

Marine Corps M1A1 Abrams tanks of the 2nd Tank Battalion left Camp Lejeune, N.C., for the last time this week as part of the service's sweeping modernization plan that envisions a more agile force. Tank units on the East and West coasts shuttered this month and began hauling their armor to military depots, the service said.

Hal Roesch II Named VFW's New National Commander

Hal Roesch II, of Hampton, Virginia, was installed as the Veterans of Foreign Wars' 112th national commander today during a change of command ceremony at the VFW National Headquarters. Roesch assumes command of the oldest combat veterans service organization boasting more than 1.5 million members, including its Auxiliary. "I stand before you, humbled, elated and ready to selflessly serve the 1.5 million members and its Auxiliary as we continue the tradition of serving America's veterans, service members and families worldwide," said Roesch. Roesch is a 20-year U.S. Air Force retiree serving from 1982 to 2002. He earned his VFW eligibility during his combat service in Operations Desert Shield and Desert Storm and overseas service as part of Southern Watch. Roesch said the VFW is preparing to build a **20/20 Vision For Veterans** and it begins with re-educating and reintroducing the organization to its communities and local and national leaders. He also reinforced the organization's commitment to inclusivity stating, "Our doors are open to ALL eligible veterans, and today I stand here before you and personally invite all eligible veterans to join our organization."

