

VFW 1st District of California



DISPATCH



@vfwmighty1st



A Homecoming Remembered

Membership as of
1 May 2021
 District: **97%**
 Auxiliary: **99.9%**

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District 1 Commander Paula Jansen

Hello Comrades,

We are still pressing on in the 4th quarter. As I stated last month

programs are yearlong. As this month starts its time to look at setting up Buddy Poppy booths. Continue to check up on your members, many are getting the shots but are still limiting going into public. During the Post Commanders bi-weekly Zoom call with Dept., one of the Commanders brought up that his post has a calling committee. They have 5 people and call all the members once a quarter. It serves two purposes one to check on them and two to get any updated information. So put together a team for your post, the best part is they can do it from home.

We are making progress on membership; the end of the VFW year is coming real fast. Don't wait to reach out to your unpaid. We have 1030 members on the District unpaid list 2019-2021, we only need 330 to reach 100%. Department is turning 100 years old and they have set a goal of 100 post to reach 100% in membership. Those 100 post will receive something from the State Commander John Lowe. This time can be used to make sure we have updated emails, address and phone numbers of our members. As the Post start to open up encourage members to update contact info.

The last District meeting was held May 2nd, at that meeting I put out that results from the C of A. The post will not be required to pay Department dues or service officer fees. You could use these funds to help members pay dues if they are struggling. The Post Commanders will also be receiving ballots for the virtual convention. This week we will get a list of what each post needs to take care of so

(Continued in right column →)

District 1 President Rachel Luke

Brothers and Sisters,

Wow, where did the year go? As we start to prepare to end this year

I want to thank everyone for all the hard work you did in trying times. We had a whole year that we had to figure out how to do our programs and support our veterans under some tough restrictions.

Thank you to all who came out to the joint District Homecoming. It was great to see you and I hope you had a great time.

We have a lot of Auxiliaries that are at 100% in membership, quite a few are close to 100%. We still have 2 months, please keep working membership..... It is the life blood of our organization.

If your Auxiliary is holding a Memorial Service, please let me know so the Line Officers can attend.

Lastly, remember..... membership, membership, membership!!!!

In your service,

Rachel Luke

District 1 Auxiliary President



(continued) that they can have the ability to vote.

Don't forget - if you do it - report it.

Thank you for working so hard to make the Mighty 1st so successful and taking care of each other.

Stay Healthy and Safe

Paula Jansen

Commander, Mighty 1st District

IMPORTANT DATES

MAY

- May 2nd: Auxiliary Memorial Service, Post 5867, 0800; CDR, Senior Vice, Junior Vice, Chief of Staff attending
- May 2nd: District meeting 1000, Post 2082 (elections/convention)
Welcome for Bob & Maria at Post 5867 immediately following.
- May 2nd: Aux District meeting 0900, Post 5867
District Convention Reception after meetings
Post 5867, 12650 Lindo Lane, Lakeside, 92040
District Convention follows the meeting.
-
- May 8th: Mass Installation, 11:00 AM, Post 5867 12650 Lindo Lane, Lakeside, CA

JUNE

- Department Convention is cancelled.



REPORTS FROM OFFICERS & CHAIRPERSONS

April Chaplain's Report

I want to start by thanking Bud Lichtenstein for doing an outstanding job as our District Service Officer for the last two years. I understand that he will not be returning as our service officer for next year because of the fact that he has moved out of state. Please join me in wishing him fair winds and following seas in the days, months, and years ahead.

I also want to send my condolences to the family of Past Dept. President Marilyn Peck. I was sorry to hear recently about her passing. It was not long ago that her dear father passed away. So please extend to her family as much love, support, and sympathy as you can.

Lastly, the past Adjutant at my post, VFW Post 4630, passed away recently. Jim Lovett was a retired Navy Chief Yeoman, a mentor, and friend to all who knew him. He, like many of our older veterans, was an important mentor to many of us when we were new to the VFW. He will be missed.

Chaplain James



April Chaplain's Report

Get well cards were sent to:

PDP Christine Edwards, Auxiliary 3787 recovering from emergency stomach hernia surgery. She is home, looking well!

Cards may be sent to: **Call or email me to get the address.**

PDP Beth Flinn, Auxiliary 1512, recovering from recent surgery.

Cards may be sent to: **Call or email me to get the address.**

Sympathy card sent to Cheris Anthony, Auxiliary Chaplain #3783, husband Jim passed April 7, 2021.

Cards may be sent to: **Call or email me to get the address.**

On behalf of the District 1 Comrades, and Auxiliary, I attended funeral services held for PDC Tim Sprague, (2010 – 2011) Post 2111, on Friday April 24, 2021 at Miramar National Cemetery. Reception followed at Carter – Smith Post 5867.

Reminder that our annual Memorial Service will be Sunday May 2, 2021, 8 a.m., Carter – Smith Post.

Please contact me with any news of members in need of comfort, prayers and cards .

Faithfully

Diana Kulhanek
619-206-7828
dirude@yahoo.com



Matthew 5:4
Blessed are those who
mourn, for they will
be comforted.

REPORTS FROM OFFICERS & CHAIRPERSONS



LEGISLATIVE AND YOUTH REPORTS

United with One Voice for Our Veterans!

We are in the home stretch of this Program Year with only a few months to go. Stay focused! The VFW and its Auxiliary are continuing their ongoing efforts to ensure that veterans receive the right benefits and the right care at the right time to maximize their ability to achieve success after their service. Please continue the great work you are doing with your concerted efforts to focus on what we **CAN** do instead of what we **CANNOT** do. Our voices matter and we make a difference!

Thank you for being our Veterans' Advocates!

Loyally,

Diana Kulhanek

619-206-7828



Youth Activities Program

Our Youth contests have ended, and our first-place entries were forwarded to the Department for final judging. Only 1 winner for the Get Excited for the Red, White, and blue singing contest will advance to the National Level. Results will be announced in the June issue. Thank you to the Auxiliaries for promoting and submitting entries.

Working Together

Many VFW Auxiliary Programs work hand in hand. Examples include:

Americanism: Youth carry the Flag and lead the Pledge at a high school sporting event.

A youth group partners with your Auxiliary during your POW/MIA recognition event.

"Buddy" ® Poppy/National Home: Have a "Buddy" ® Poppy Prince and Princess for your Auxiliary/Post. They could help at "Buddy" ® Poppy drives, have a special place in your parades, anything that will make the youth in your community want to participate and be the next Prince or Princess!

Historian/Media Relations: High school students help make a video promoting your Auxiliary for television or social media. Many students have ideas we have not even thought of!

Hospital: Have a sports team collect items for veterans in the VA and non-VA medical facilities before their game. Maybe some of the youth would even be interested in volunteering at the facilities if asked.

Do not forget to promote our other Programs and try to incorporate them with Youth Activities!

Please continue **supporting** our youth and **encouraging and motivating** everyone to keep working our Programs during this challenging time.

Loyally,

Diana Kulhanek,

dirude@yahoo.com 619-206-7828



REPORTS FROM OFFICERS & CHAIRPERSONS

CHIEF OF STAFF REPORT

Comrades,

For the outgoing Post/Ship Officers, all I can say is that we made it through! Your continued support for your Post/Ship will be immensely appreciated. Even if you are recycling your knowledge and experience will be such an asset.

My sincere congratulations to all the incoming 2021-2022 Post/Ship Officers. After such a difficult year of COVID-19, I truly hope that you will have a safer and successful year, and continue the great works of the VFW!

Borrowing from the Coast Guard: *"Semper Paratus"* (Always Ready)

In Comradeship,

PDC Douglas Carrington
D1 Chief of Staff, 2020-2021

slainte1861@att.net



A PROGRAM DASHBOARD REMINDER

The new Program Dashboard is live on the Department website. This dashboard will show updates as the Department puts things in or as we submit reports.

I can answer most questions, so please direct them to me first.

I have asked about a print function.

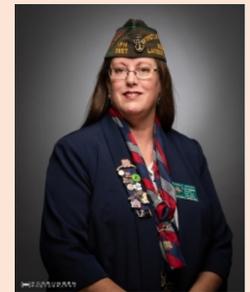
You can access it via www.vfwca.org

Login to the members only section with your member number and last name.

Click Program Dashboard and it will come up.

Thank you for all you do.

Paula



REPORTS FROM OFFICERS & CHAIRPERSONS

“Auxiliary Community Outreach”

National's new program for Auxiliaries 2020-2021

- **“THANK YOU” - to each and every Auxiliary that participated and submitted a report.**
- The Department Blackout Sheet will show that 17 of our 22 Auxiliaries took that giant leap.
- This Inaugural Year was a learning adventure for all of us, first figuring out what to do and later adjusting to National's clarification of their mis-statements. All this during our year-long unanticipated health pandemic and restrictions of government lockdown and shelter-at-home mandates, which severely restricted our normal volunteering activities.
- **Some important heads-up pointers going forward.** To all auxiliaries, it really is important to please read and review information about this new program in & on the:
 - Department Program Book
 - Department Chairman reports on the website to keep updated.
 - National Ambassador's info on their National website page.
 - National's 'Blog' where further current information is provided.
 - Our monthly VFW District 1 '*Dispatch*' newsletter with an 'Outreach' article.
 - **Note: Project Ideas and suggestions changed since we first began this year.**
 - Also, review the 'Report Form' which may have changes, see the reporting dates, then try to submit one report quarterly.
 - PLEASE follow the program information and what National asks for.
- Not all auxiliary reports were eligible reports at first, until they complied with the National Auxiliary's two required votes, to begin the program. Both votes were to be recorded in the secretary's meeting minutes and so stated on the written report. The Department Chairman even provided the specific wording to use on that report, it really was so easy to do. It is the Department Chairman who allows eligible credit for the volunteering and projects we reported; and she worked with each report to obtain the information needed, with explanation of what was OK and if not, why and what to do. That was another way we learned what to do in this program.
- Some projects reported really belonged to one of the VFW Auxiliary CORE programs.
- **This 'Outreach' program is about the 'Number of Members' and the 'Hours' they volunteer and are seen in the community (wearing Auxiliary apparel) helping other groups.** No money is involved, and 'miles' are not reported on the form either.
- May our next year be doubly successful in our volunteering efforts helping other community groups while we promote the good work of our VFW Auxiliary organization. Let's continue our '*VFW Auxiliary Image Enhancement*' as our neighboring facilities are allowed to re-open.

Bea Brunner, District 1 Chairman
BeAvolunteer@hotmail.com or phone (619) 466-2132.

Veterans Affairs Volunteer Service (VAVS)

Greetings to all VFW Auxiliary members. As the Auxiliary 2020-2021 fiscal year is coming to an end, I just want to say "Thank You" for supporting our VA Veterans. Your cards of support and donations such as snacks, clothing, water, blankets, nail clippers and many more items brought comfort to our Veterans. These items were received with a loving heart and much gratitude. Lets work together to continue honoring our Veterans.

Respectfully,

Liz Pedregon, District 1 VAVS Representative
epedregon619@gmail.com 619-746-3739

Legacy Life Membership

Members of the Mighty 1st District,

Being the District Commander, as the ones before me, we each choose a special project that is our focus throughout our year. Investing in each other is the best thing we can do to make sure our organization lives long into the future to continue to be the leading VSO organization. I chose the Legacy Life Member program as my special project. The goal is to increase our Legacy Life membership in the District, so that each Post had at least one or increased by one member. I am offering a \$500 prize (to the Post) that will be drawn on May 31 and each new or upgraded legacy member will get an entry for their Post. Attached is the brochure explaining the Legacy program, if you have any questions please feel free to contact me. Please consider upgrading your life membership to legacy. If you have already upgraded, Thank you for your support.

Posts with Legacy Members:
1512, 1774, 1924, 2111,
3783, 3787, 3788, 4630,
5477, 5867, 7766, 7907,
9578, 11387

Thank you for all that you do to make the Mighty 1st so successful.
Stay Healthy and Safe

Paula Jansen,
Commander
Mighty 1st District



TERMS AND CONDITIONS

You must be a current Life member of the VFW, or if purchasing a Memorial Legacy, the veteran in whose name it is purchased must be a deceased member of the VFW.

Instructions:

- Complete the acceptance form.
- Check the level: Bronze, Silver or Gold. You may upgrade your Legacy level at any time by paying the difference to your desired level.
- If purchasing a Memorial Legacy, ensure that the name and member number are those of the veteran in whose name the Memorial Legacy is being purchased.
- Payment options: check, money order or credit card - payment in full.
- Installation option: Purchase an Installation Legacy Life Membership by making four equal payments. The first payment must accompany this form and be equal to 1/4 of the level being purchased (Bronze \$100, Silver \$200 and Gold \$300). You must provide a credit card number to make installment payments, and you acknowledge that the subsequent installment payments will be billed by National Headquarters quarterly. Memorial Legacies must use the payment in full option.
- Choose the endowment:
 - One-time endowment payment: Upon your death, the principal amount of your Legacy will be paid in equal amounts to your Post, Department and the National organization, as applicable.
 - Annual endowment: The Legacy level payment will continue annually after your death. Memorial Legacies must be purchased as an Annual Endowment.
- Enroll check: money order or credit card information for payment. If choosing the installment payment option, a credit card must be provided.
- Mail the acceptance form, along with a check, money order or credit card information to the Veterans of Foreign Wars National Headquarters at the address located below.

Member Incentives

	Bronze \$400	Silver \$600	Gold \$1200
Plated Engraved Legacy Life Card*	•	•	•
Lapel Pin	•	•	•
Hat Pin	•	•	•
Distinctive VFW Store Line for Legacy Life members*	•	•	•
Framed Legacy Life membership Certificate	•	•	•
Member Recognition on Internet & Convention Program	•	•	•
Special Legacy Life Plaque	•	•	•
Hat Patch*	•	•	•
Personalized Brick at Centennial Plaza	•	•	•
VFW Store Discounts (for personal use only) *	5%	10%	15%
Increased Level of No-Cost AD&D Insurance *	\$2000	\$3500	\$5000
Annual Endowment: Post	\$6	\$12	\$18
Annual Endowment: Department	\$6	\$12	\$18

* does not apply to Memorial Legacies

VFW
NO ONE DOES MORE FOR VETERANS.

LEAVE YOUR LEGACY

Make a lasting gift to the VFW for generations to come.

VFW
NO ONE DOES MORE FOR VETERANS.

Veterans of Foreign Wars
Member Service Center
404 W. 54th Street
Kansas City, MO 64111 - 2778

Revised 7/2020

Legacy Life membership enables VFW Life members to leave a lasting impression on our great organization.

When you become a Legacy Life member, you are helping us strengthen the VFW - where **NO ONE DOES MORE FOR VETERANS.**

Three prestigious levels of Legacy Life membership are available: Gold, Silver, and Bronze. Each level offers generous benefits reserved exclusively for Legacy Life members.

Once your Legacy Life membership begins, an annual endowment in your name will be made to your Post, Department and the national organization. You will feel confident knowing your contributions to our organization are not only helping today's veterans but the veterans of tomorrow.

Simply fill out the attached acceptance form and return it to the address provided. For any questions regarding Legacy Life membership, please contact the VFW Member Service Center at 1.833.VFW.VETS (1.833.8339.8367). We will gladly provide you with more information on this prestigious and rewarding membership.

"Legacy Life membership seems like the next step in doing my duty to my fellow veterans."



Whether we have served our country or have had a loved one in uniform, we all know the dedication and commitment that comes with military service.

Help us ensure that the tradition of selfless service lasts forever.

Leave a Legacy today.

Honor a veteran with a Memorial Legacy.

You can ensure that future generations know and remember the sacrifice and contributions of a veteran who has passed away by establishing a Memorial Legacy in their name.

At the same levels - Gold, Silver, or Bronze - you can establish a Memorial Legacy in the name of any deceased Annual or Life VFW member. An annual endowment will be made to the Post, Department, and the national organization in their memory.

In addition to establishing this endowment in their honor, you will receive a special commemorative plaque memorializing the veteran, to display and commemorate their life and their service to our great nation.



LEGACY LIFE MEMBERSHIP ACCEPTANCE FORM

PLEASE SELECT ONE:
 Yes, I wish to become a Legacy Life Member of the VFW.
 I am purchasing a Memorial Legacy in the name of a deceased VFW Member.

MY NAME: _____

Small Security No. _____

Legacy Life Member No. _____

EMAIL: _____ PHONE: _____ CELL: _____

Address: _____

City: _____ State: _____ Zip: _____

Signature: _____

DATE: _____

MEMBER NAME: _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP: _____

BRONZE \$400
 SILVER \$600
 GOLD \$1200



Mass Installation



Dear Comrades, Brothers & Sisters,

We have the honor of being your chairmen for the 64th Mass Installation being held on Saturday, May 8, 2021 at Carter-Smith Post 5867.

This is the first event where we show the BEST this organization has in its leadership of our Posts, Ship and Auxiliaries for the 2021-2022 VFW and Auxiliary year.

We have the honor of having Department Representatives as our installing officers. Let's show them what the Mighty First District is truly made of!

With your help and participation this event will be a huge success. Please make this event a priority in which to participate. This is our time to shine and come back from the pandemic stronger than ever.

Enclosed on the following pages are the highlights for each portion of the 64th Mass Installation.

Remember, much goes on behind the scenes to make this event possible, so please observe all set deadlines.

Loyally,

Myles Fry & LeAnna Brown

2021 Mass Installation Chairmen

Join us for the 64th Annual
DISTRICT ONE
MASS INSTALLATION

11am May 8, 2021

*Post 5867 Carter Smith Post
12650 Lindo Ln Lakeside CA 92040*



**Patron/Patroness &
Ads Due by April
22nd**

**SEND RSVP'S
BY MAY 2ND**

**LeAnna Brown
13554 E Lakeview Rd
Lakeside CA 92040**





**FIRST DISTRICT
VFW & VFW AUXILIARY
64TH ANNUAL MASS INSTALLATION
SATURDAY, MAY 8, 2021**

POST/SHIP # _____ AUXILIARY # _____

WILL PARTICIPATE IN THE MASS INSTALLATION OF
POST AND AUXILIARY OFFICERS:

DEADLINE IS MAY 2ND, 2021

ENCLOSED IS A DONATION IN THE AMOUNT OF \$ _____

MAKE CHECKS PAYABLE TO VFW FIRST DISTRICT

PLEASE MAIL RESERVATIONS AND CHECK TO:

LEANNA BROWN

13554 E LAKEVIEW RD, LAKESIDE CA 92040

IF YOU HAVE QUESTIONS PLEASE CONTACT US

Auxiliary5867@gmail.com / 619.261.0753

mylessfry@gmail.com / 619.478.5646



'21 Days to Honor America'

Flag Day - Independence Day

A little-known fact for many of us and although you may not yet be familiar with it, let us get ready for it.

The original event was started as a one-time, one-day event held in the nation's capital (Washington D.C.) on July 4, 1970. The event was so successful, it was decided to make it an annual affair and later expanded to a twenty-one day celebration **from Flag Day (June 14) through Independence Day (July 4)**. The U.S. Congress dedicated this period as **"21 Days to Honor America"** (89 STAT. 211, approved June 13, 1975), with the intent that we, the America Public, the people of the United States, are to have gatherings and activities during these days to celebrate, salute and honor our country and our freedom, in an appropriate way. This United States Federal Observance was adopted by Congress according to 36 U.S.C. § 112.

Have you ever noticed that this event is noted near the end of the White House Proclamation for 'Flag Day' each year, as Congress requests?

Now you can pitch in, participate, and promote this annual patriotic event. Even share the information in time for others to participate as well.

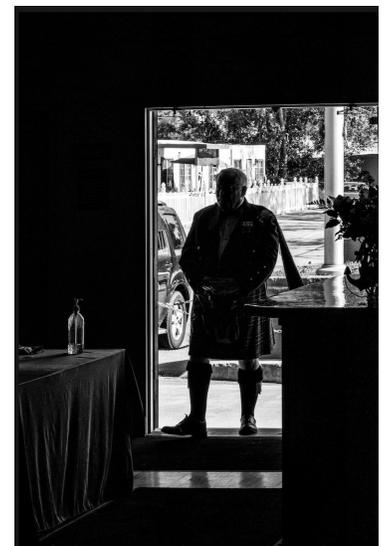
A Scout website has offered the following suggestions for the 21 Days:

- Pick up trash along roadways and beaches
- Plant a tree or a flower
- Fly the flag daily
- Sing the Star-Spangled Banner (our national anthem) in the shower or out your open window
- Recycle
- Share some apple pie or a hotdog
- Go to a baseball game
- Phone home
- Buy a flag for someone
- Show how to properly fold the flag and read the meanings of the 13 folds
- Learn the history of the 'Pledge of Allegiance' and share with your children
- Teach a child how to say the 'Pledge of Allegiance' and its meaning
- Wear something red, white, and blue to the family picnic or to work
- Send someone a Happy 4th of July card
- Attend an Independence Day celebration
- Teach someone about Fireworks Safety
- Make homemade ice cream
- Share a watermelon with then neighborhood kids
- Check out Flag History and Flag Etiquette information on the internet
- Relay flag information at your own organization's meeting
- Thank your God for the privilege of living in America.

***Remember – Flag Day, June 14 through Independence Day, July 4.**

<https://www.gpo.gov/fdsys/pkg/STATUTE-89/pdf/STATUTE-89-Pg211.pdf#page=1>

RECENT EVENTS



RECENT EVENTS (C of A)



C of A Assembly



Women Vets with new Mobile Service Van



Buford trying out the the Mobile Service Van

RECENT EVENTS



District Commander Paula Jansen gives updates on Community Service



District Commander and President visiting Post 7420 for Don Diego Day.



Post 5867 members after Rucksack March with Post 4748

Don Diego Days at Post 7420



Ramona Motorcycle Ride



RECENT EVENTS



**District Officers attend a Funeral Service
for Past DDC Tim Sprague**



VFW Post 1513

12m · 🔒



Our Post member Rocio Villanueva is [#stillserving](https://vfw.org/media-and-events/latest-releases/archives/2021/4/camaraderie-renews-a-veterans-commitment-to-serve)
[http://vfw.org/media-and-events/latest-releases/archives/2021/4/camaraderie-renews-a-veterans-commitment-to-serve](https://vfw.org/media-and-events/latest-releases/archives/2021/4/camaraderie-renews-a-veterans-commitment-to-serve)



VFW.ORG
Camaraderie Renews a Veteran's Commitment to Serve

Rocio Villanueva is #STILLSERVING



Chaplain of the Year, Post 2082

UPCOMING EVENTS

VFW POST 1512
94TH ANNIVERSARY PARTY
JUNE 12TH 12PM-12AM
Let Freedom Ring
6873 Federal Blvd
Lemon Grove, CA 91945
(619) 583-6873

Food • Raffles • 50/50 • Fun
Music All Day **Hot Dog Eating Contest**
Face Painting for the Kids

Show your colors by wearing **Red, White, & Blue**

See your Volunteer Bartender or a VFW Auxiliary Member for Raffle Tickets
 \$20 per ticket OR
 6 tickets for \$100
Drawing - May 2nd
You do not need to be present to win!

CONTACT US
 VFW POST 9327 - Auxiliary
 8516 N. Magnolia Ave. Suite 203
 San Jose, Ca 95071
 (619) 562-4022
 Auxiliary President - Beatrice (Ruth) Miller
 Email: auxiliary9327@gmail.com

Special Thanks to our Sponsor for donating this hotel package to the VFW Auxiliary!

Hotel Package includes the following
 Two Night Hotel Stay @ Viejas Casino Resort (\$400 value) All guests must be an adult - 21 years of age and older, when staying at the Winows Hotel & Spa. All ages are welcome at Viejas Hotel only. Mountain & Oak Towers. Weekends and Holidays excluded.
 Viejas Buffet for Two (\$80 value)
 Dinner for two at the Grove Steakhouse or any Viejas venue (\$150 value)
 60 Minute Massage for Two at Willow Spa or comparable service (\$300 value)
Hotel Package - \$930 Value

VIEJAS CASINO & RESORT

"We wish you much success in your fundraising efforts for this very worthy cause."
 - Viejas Tribal Council

WARRIOR FOUNDATION FREEDOM STATION

A TISKET A TASKET..... WE NEED YOUR EMPTY BASKETS

Baskets can be dropped of at Post 5867 for Paula Jansen

HELP HEAL VETS

CRAFT THERAPY KITS

Free For All Veterans!

For pick up/drop off dates and times contact **Yvette Macy**. Workshops are pending. 619-208-2306

East County Community Base Ctr
 Lakeside VFW Post 5867

North County Community Base Ctr
 San Marcos VA Medical Center

BENEFITS -

- * Restore coordination
- * Improve concentration
- * Help with PTSD
- * Improve confidence
- * Learn a new art form

Kits made by veterans for veterans. Leather, wood, jewelry, and more!

At home delivery and inquiries direct to:
Yvette Macy
 sandiego@healvets.org

Help Heal Veterans
 Therapeutic Craft Kits

Facebook, Instagram, Twitter icons

Made with PosterMyWall.com

HELP HEAL VETS



Help Heal Veterans

Therapeutic Craft Kits

Military and Veteran Patient Home Rehabilitation (PHR) Program Application to Participate

Purpose of Program

To provide products and services to all military and veteran patients, not only in a hospital setting, but within their home or community setting as well.

Goal

To provide veteran and military patients the opportunity to experience Heal Vets' arts and crafts as a leisure therapeutic activity during their rehabilitation and recovery of physical or mental illnesses, and injuries while recuperating within or out of a medical facility. Additionally, to provide, or help provide a craft workshop in a community that would give the patients the opportunity to receive assistance to embellish their finished product.

Eligibility

Any veteran and military patient that can provide accredited proof of:

1. U.S. veteran or military status with a residence in the U.S.;
2. Patient status (proof of treatment at a medical facility* within the last 6 months); or
3. Heal Vets employee has knowledge of the applicant is in fact a veteran or military patient as described above. (The employee may sign a statement to that effect).

*Definition: Any commercial or federal medical facility where treatment was received from an accredited clinician.

How to Apply

Submit the following information and proof of eligibility as described above. The information provided is **strictly confidential** and will not leave the Heal Vets organization for any reason.

Name: _____
Branch and Year of Service

Address: _____

City/State/Zip: _____

Phone: _____ Email: _____

I hereby request to participate in the PHR Program provided by Help Heal Veterans. I understand that Heal Vets will provide me with products free of charge and that I will use these products to help in my rehabilitation. I understand that if I am accepted as a participant, I may at anytime request that my name be removed from receiving products from Heal Vets. This is a voluntary request for my participation.

Signature

Date

Submit application & eligibility to: PHR Coordinator, at the address below or fax to: (951) 926-3569
Help Heal Veterans is a non-profit, tax-exempt corporation established in 1971



Partners In Patriotism

GIVE MONTHLY TO HELP OUR HEROES



Partners in Patriotism is a win-win monthly giving option to make things more convenient for you ... and allow us to do the best job we possibly can for America's sons and daughters.

Partners in Patriotism is the most effective way to help our proud veterans, service members and their families. When you sign up, you support life-changing programs every month of the year. *It's a great way to show you care!*

Partners in Patriotism:

- Keeps administrative costs down so more money goes to programs.
- Allows for better budget planning and program funding to help more veterans, service members and their families.
- Cuts down the amount of mail you receive. You will only receive the *VFW Supporter Quarterly* newsletters.

Sign Up Today!

NAME _____ PHONE # (_____) _____

ADDRESS _____ EMAIL ADDRESS _____

CITY _____ STATE _____ ZIP _____

CHOOSE HOW YOU DONATE

Option 1: Credit Card

- Visa MasterCard
- Discover American Express

Account number input boxes (16 boxes)

ACCOUNT NUMBER

Expiration date input boxes (4 boxes)

EXP. DATE

Amount to be charged: \$ _____

- monthly
- quarterly
- annually

• Minimum amount is \$10.00, processed on/or around the 20th of the month.

SIGNATURE _____

DATE _____

Option 2: Checking Account Deduction

Please send us a voided check along with the completed information below and return it to:

VFW National Headquarters
406 West 34th Street, Suite 718
Kansas City, MO 64111

Amount to be charged: \$ _____

- monthly
- quarterly
- annually

• Minimum amount is \$10.00, processed on/or around the 20th of the month.

SIGNATURE _____

DATE _____

Return this form to VFW National Headquarters, 406 West 34th Street, Suite 718, Kansas City, MO 64111 or fax to (816) 968-1129. Questions? Please call Donor Services toll-free at 833-VFW-GIVE (833-839-4485), or email vfwfundraising@vfw.org. *Thank you!*

NO ONE DOES MORE FOR VETERANS.



VFW NATIONAL HOME FOR CHILDREN
Every child deserves a happy family.

How many of the Comrades, Sisters and Brothers are aware of the Amazon Smile Program?

We have all been asked at one time or another to support the VFW National Home for Children by donating?

Do you or your family purchase items from Amazon?

Do you know that donations can be made to the VFW National Home for Children by using Amazon Smile?

Every eligible purchase you make on smile. Amazon.com, the AmazonSmile Foundation will donate 0.5% of the purchase price to charity.

They do not charge any fees or take any deduction from the donation amount, and there is no cost to the charitable organization.

So, to do this, please do the following:

- **To shop at AmazonSmile, go to smile. Amazon.com in your web browser or activate AmazonSmile on your Amazon Shopping App on your iOS or Android phone (found under settings on your app.)**
- **In your browser, you may also want to add a bookmark to smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile. When you are using the app, always check for the “AmazonSmile” logo to make sure it’s activated for AmazonSmile.**
- **Now, wasn’t that painless? You bought something you wanted or needed and also made a donation to the “VFW National Home for Children”.**

If you would like more information, please contact me at

jerryrk@cox.net or 619-255-4108

